

The Lamplighter

A Newsletter of **Community Presbyterian Church**
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Growing In Christ and Loving One Another

MAY 2022

The Session of Community Presbyterian Church would like to thank everyone for the wonderful Holy Week we experienced together. As Luann Johnson put it, it took a cast of thousands to put our celebration together. All of us act as different portions of the Body of Christ to celebrate the resurrection of our Lord Jesus. Thanks to everyone.

Our Wellness team has also come back to life to lead us to a healthier future. The Wellness team offers blood pressure checks, provides medical equipment to those who need it, and creates educational and support opportunities for all of us, whether in support for those who care for others with Parkinson's disease, cognitive difficulties, or grief.

The Worship team supplied our music, stations of the Cross, a labyrinth, ministers of the Word and Sacrament, communion, and many other things that allowed us to come together.

The children and youth enriched our experiences by participating in Palm Sunday and Easter.

The Finance Team has acknowledged and appreciated the generosity of our congregation.

The Stewardship Committee wants us to all appreciate the gift of generosity and share what we otherwise would not have if not for the generosity of our God.

Our Mission team has had the ability, through your generosity, to help feed hundreds of school children in the Kisauni church in Mombasa, Kenya. They have also helped hundreds of girls not miss school by providing needed hygiene products. They have also saved money to help with travel costs for those able to visit from Kenya.

Our tireless Property team looks forward to a master planning meeting in June to design our way forward with a new storage building, a basketball court, repair, upgrading of our parking lot, and planning for continued use of our beautiful building by other groups.

The Deacons continue to visit those unable to attend worship with us, work to help Warm Springs people have enough water, and provide meals for those that would otherwise do without.

Our wonderful and hard-working staff members have made it possible for us to continue in-person worship and enjoy the multimedia accouterments that help to make the worship experience special.

We continue to thrive as a congregation. We are working together, playing together, praying together, learning together and growing together as we grow in Christ and love one another.



Steve Cross
Clerk of Session

PNC REPORT

Prayer and Discernment light the way as the CPC PNC continues its journey in finding the Pastor anointed for our church. Our committee receives and reviews PIF's (resumes) as they are made available by the Presbytery and move forward with interviewing top candidates.

Thank goodness for Zoom, as it has given the PNC the ability to meet with candidates without the logistic issues. As with any search trying to fill a position, we have had our challenges; when they have come, we pray and know that our church family continues to pray with us.

Please continue those all-important and much-needed prayers! The committee remains confident and committed that God is leading us to our new Pastor.

"Therefore I tell you, whatever your ask for in prayer, believe that you have received it, and it will be yours" Mark 11:24



*thank
you*

Linda and Don Shaw want to thank members and friends of CPC for the prayers that have upheld them during Don's bout with cancer. Through the more challenging days, we took great comfort in the support of our church. Don reports that although his regaining of strength is certainly slower than desired, nevertheless the medical community that is working with him anticipates a total recovery. You are a blessing in our lives. We look forward to rejoining you in person as soon as health allows.

Don & Linda Shaw

One Great Hour of Sharing

Every year Presbyterian churches collect a special offering in the spring called One Great Hour of Sharing. This money goes toward three programs: Presbyterian Disaster Assistance, Self-Development of People, and Presbyterian Hunger Program.

A gift to One Great Hour of Sharing enables the church to share God's love with our neighbors in need around the world by providing relief to those affected by natural disasters, providing food to the hungry, and helping to empower the poor and oppressed. This year, a crucial need is funding to address the multiple humanitarian crises created by Russia's attack on Ukraine.



CPC will be receiving this offering on May 8 and May 15, but you may give any time by writing OGHS in the comments section of your check or online donation at redmondcp.org.

For more info on Presbyterian Missions, go to: presbyterianmission.org

*"My grace is
always
more than enough
for you,
& my power finds
its full expression
through your
weakness."*



2 Corinthians 12:9 tpt

Kisauni Update from Beatrice



Elder Beatrice lives in Mombasa, Kenya, and is a member of the Kisauni Parish, a growing four church congregation. CPC is in partnership with them in prayer, friendship, and mission. Currently, we are helping subsidize two of their projects. We assist with food for children attending the three schools the Kisauni Parish oversees and breakfast for all children who attend Sunday worship. We also partner in helping provide hygiene products for girls so they can attend school every day. Beatrice's message reflects current conditions in Mombasa with Covid and inflation.

"Asante sana, thank you, Rocky Johnson, Linda Jackson-Shaw, Don Shaw, Luann Johnson, Irv Nygren, Margo Menown, and Connie Stoaks.

Rev. Levis will be inducted here at PCEA Kisauni on May the 8th. Covid-19 has indeed receded, with many people having received their vaccinations. Therefore, we are hopeful that soon Corona will be a thing of the past.

Since mid-last week, we have entered the rainy season, and the rains are increasing by the day. Thus, the weather here is now quite cool.

We're saddened by what's happening in Ukraine, and yes, it has affected Kenya in many ways. With fuel costs rising more than 50%, the spiral effect is being felt everywhere. This includes the rise in prices of essential commodities; for example, a half-liter of milk went from Kes50 to a high of 70-80, a liter of cooking oil went from Kes140 to 390, etc. However, we're grateful to God this far, and we know the situation currently is just for a short while, and all will soon be well.

Schools are reopening on Monday for the 1st trimester year 2022.

Say hello to all and pass our best wishes for good health to Rev Don. The Lord will neither leave him nor forsake him. Blessed be the Name of the Lord - Always. Pass our regards to the entire family. Amen"

Mental Health Awareness Month

Mental Health Awareness Month has been observed in May in the United States since 1949. Each year millions of Americans face the reality of living with a mental illness. During the month of May, the Wellness Team will join with NAMI and the local community to raise awareness about mental health. Each year NAMI fights stigma, provides support, educates the public and advocates for policies that support people with mental illness and their families.

The mentally ill and their families frequently turn to the church first for answers to this severe crisis in their lives. Unfortunately, the church is often not adequately prepared to assist them. The need for church involvement is great. Since the 1960's the "deinstitutionalization" mental hospitals sought to put mental healthcare into the community.

The Community Presbyterian Church Wellness Team has created a Mental Health Ministry to walk alongside families and their loved ones in the church and the surrounding community, to help end the stigma of mental illness.

Scripture says that all aspects of health - physical, mental, and spiritual - are important to Jesus Christ. His healing touch reached out to mend broken bodies, minds, and spirits with one common purpose: the restoration of well-being and renewed communion with God and neighbor.

During each Saturday in May, the Wellness Team will provide opportunities to attend workshops on grief and loss and utilizing art to express emotion. The Grief and Loss workshop is a joint project with the CPC Deacons. Many thanks to Joan Sheets for her assistance contacting local artists to participate in the art workshops.

Partial funding for our Mental Health Awareness project was received from a Presbyterian Bisbee grant. Contact Linda Jackson-Shaw for additional information or to be included in one of the workshops. Space is limited and early registration is advised. Linda's contact information is in the directory.

Healing from Grief and Loss Workshop is attached [HERE](#).



Wellness Ministry Update

WELLNESS MISSION STATEMENT:

To help the congregation attain, maintain, and/or regain the best possible health, wellness of mind, body, and spirit that can be experienced. This is realized through education, guidelines, screenings, and providing ongoing support.

Lois Millspaugh, Chairman & Linda Jackson Shaw, Co-Chairman

Wellness Ministries

The Wellness Ministries of Community Presbyterian Church strives to support members and friends in our church of all ages to encourage more physical exercise, healthy nutrition, spiritual awareness, and love of family, both church and personal. We are working on programs to support all of these endeavors and invite anyone interested in working with us to achieve these goals to join our team. The next Wellness Ministries meeting will be held at the church on Tuesday, May 10th, at 1:00 pm, in the Eby room. Thank you for your willingness to do good works in our church.

Free Blood Pressure Screenings - Our Next Blood Pressure Check is 9:30 am Sunday, May 1st.

Our Free Blood Pressure Screening Program is the first Sunday of each month from 9:30 - 10:00 am in the Eby Room. If you are interested in knowing your blood pressure, our nurses are there to help you.

Remember, high blood pressure is a silent killer. Know your blood pressure levels and see your doctor with your concerns. If you are a nurse and would be interested in helping with this program, please contact June Isaak.

Hospital Equipment

Wellness Ministry has an inventory of equipment to be loaned out to anyone needing assistance following a health issue. We have walkers, crutches, shower chairs, and numerous other items to support our church members and friends. If you need equipment, please contact Lynda Talbot our equipment coordinator. In addition, Wellness Ministries has purchased a new Knee Walker for anyone that needs this type of equipment.

Parkinson's Support Group

The Parkinson's Support Group will be meeting on Monday, May 9th, at 1:00 pm in the church Fellowship Hall. For additional information, please contact Ginny Weeber.

Grief Luncheon

Wellness Ministries will be supporting a Grief Luncheon on Thursday, June 9th, in the church Fellowship Hall. This luncheon will be a time of grief support from Reverend Dr. Barry Heath, our pastoral support minister, for all those who have lost a loved one over the past several years. An invitation will be forthcoming from the church office, and an RSVP would be appreciated so that we have enough food prepared for those in attendance.

ATTENTION ALL SINGLES

The first Singles Dinner at Baldy's in Redmond was a huge success. We had 18 men and women in attendance, and it was a wonderful time of meeting new people and rekindling with friends we hadn't visited with in quite a while.

The Singles Dinner Group is planning our next dinner on Thursday, May 19th at the Olive Garden Restaurant in Bend. We want to welcome all singles, both female and male, of all ages. We will be gathering at the Olive Garden at 4:30, with dinner at 5:00 pm. Please indicate your interest in attending this fun evening by signing the sign-up sheet in the church narthex. For more information, please contact Lois Millspaugh.



Quilters Quips May 2022

This month, we will be concentrating on quilts for our local high school graduating seniors and making fleece throws for the Redmond Dialysis Center and chemo quilts for the Redmond Cancer Center.

We are starting to make plans for the Summer Quilt Camp. It will be held in Teddy's Hall from August 8th thru the 11th. So mark your calendars and sign up in July! Details will be coming in the next couple of months, so let us know if you have ideas about some fun activities.

The quilters meet each Thursday from ten to three to work together on projects to keep others warm and comfortable or work on individual projects. We break for lunch around noon, followed by a short business meeting and Sew And Tell. We then continue to work on our projects. So join us or stop by to see what we are doing.

Becky Dennis



The Blessings of Spring

By Deborah Ann

There are many blessings,
that each new Spring brings
you can see it bloom about
and hear the song it sings.

With winters bleakness over,
and brighter days ahead
comes promises of new life
Springtime loves to spread.

As God unfolds the flowers,
and their buds begin to show
He gives to us the assurance
grace in our hearts will grow.

He sends us the robin's song,
with the promise to provide
a shelter under His mighty wing
where in His love we can abide.

He melts the snowy covers,
and sends the refreshing rain
sprinkling us with His mercies
to heal winter's ache and pain.

God's given to all His Son,
to shed upon us a new light
and the real blessing of Spring...
is keeping Jesus in our sight!

*"for now the winter is past,
the rain is over and gone.
The flowers appear on the earth;
the time of singing has come,
and the voice of the turtledove
is heard in our land."
Song of Solomon 2:11-12*



Can & Bottle Return

Thank you for all the offerings.
In March \$554
was collected for the mission team!

There are three ways to give cans and bottles to the CPC mission team.

- 1) Drop them off at the north end of the church near the basement door.
- 2) Drop them off at Walt and Norrie Taylor's home at 1849 SW Canyon Drive (leave on the north side of the house on the sidewalk)
- 3) Call 541-548-4472 and they will come and pick them up at your location.

Thank you for your continued support of the CPC Mission Team and their activities.



Walt and Norrie Taylor

There is an old saying that goes something like this: if you want to get something done ask the busy person because the other kind of person just doesn't have time!

I have been with you as Moderator of Session since December, and I can tell you I have observed a lot of very busy people here at Community Presbyterian Redmond. They have stepped up and continue to take on responsibilities to keep CPC going and moving forward. It is no secret that this time without a Pastor is stressful and difficult. Many things that a pastor would typically cover are now being covered by our limited staff and volunteer church members. Everyone is carrying the extra load.

What I want to do in this article is to not only to recognize the work that is being done by so many, but also to commend the staff, the leadership in Session and Deacons, the volunteer Committee and Team members for stepping up and doing the work of being the church! I know the contemporary church is very different from the church in the Apostle Paul's day, but still, in many ways, CPC is like those churches Paul wrote to that were without full-time leadership and did the church's work with its members.

The church is, after all, its members, not only its pastor or paid staff. The Body of Christ, as known through the church, needs ALL its parts – members, staff, and pastors. And when one of these parts is missing, as you are missing a pastor in this time, the other members of the body must step up and take on extra responsibilities.

I want to say that is precisely what is happening at Community Presbyterian!

I know these months have been difficult! It would be enough just dealing with the church during COVID, but you have been the church, not only amid that reality but during the time of a search for a new pastor. I won't name names here because there are so many who should be named and thanked, and I could not possibly mention all without forgetting some. But, more importantly, everyone who helps during this time deserves a huge THANKS and appreciation!

Some may ask, what can I do to help? Certainly, there is much to be done in the work of committees and teams, and all could use more help. Everyone can help by asking themselves before they ask the staff or someone else to do something if what you are thinking of is something you could do or work with others to do.

There are many seemingly small things that you can do: making sure no one leaves a church service without a greeting and introduction, especially if they are a visitor, reaching out to congregation members who may be ill or not able to get to church services, or giving recognition by words of thanks and appreciation to others who are working so hard on behalf of the church at this time.

You are getting through this time, and you are being the church! Thank you for all each of you is doing. May God continue to give you guidance and sustaining grace and strength.

Barry Heath
Moderator of Session

♡ Well Done CPC! ♡



May 2022



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1</p> <p>9:30 Blood Pressure Check</p> <p>10:00 Cantata</p> <p>2:00 Iglesia Betsaida</p> <p>5:00 Sermon</p> <p>Zoom Discussion</p>	<p>2</p> <p>1:00 CPC Art Class</p> <p>6:00 Cub Scouts</p>	<p>3</p> <p>9:30 Sisters 4 Serenity</p> <p>10:00 Ladies Bible Study</p> <p>7:00 Boy Scouts</p>	<p>4</p> <p>9:00-4:00 Oregon Family School</p>	<p>5</p> <p>9:30 Sisters 4 Serenity</p> <p>10:00 Quilters</p> <p>4:30 Spiritual Growth Zoom</p>	<p>6</p> <p>8:00 Men's Bible Study</p>	<p>7</p> <p>10:00 Mental Health Awareness Workshop</p>
<p>8</p> <p>10:00 Worship</p> <p>2:00 Iglesia Betsaida</p> <p>5:00 Sermon</p> <p>Zoom Discussion</p>	<p>9</p> <p>1:00 CPC Art Class</p> <p>1:00 Parkinson's Support</p> <p>3:00 Deacons Meeting</p> <p>6:00 Cub Scouts</p>	<p>10</p> <p>9:30 Sisters 4 Serenity</p> <p>10:00 Ladies Bible Study</p> <p>1:00 Wellness Meeting</p> <p>7:00 Boy Scouts</p>	<p>11</p> <p>9:00-4:00 Oregon Family School</p>	<p>12</p> <p>9:30 Sisters 4 Serenity</p> <p>10:00 Quilters</p> <p>4:30 Spiritual Growth Zoom</p>	<p>13</p> <p>8:00 Men's Bible Study</p>	<p>14</p> <p>10:00 Mental Health Awareness Workshop</p>
<p>15</p> <p>10:00 Worship</p> <p>2:00 Iglesia Betsaida</p> <p>5:00 Sermon</p> <p>Zoom Discussion</p>	<p>16</p> <p>1:00 CPC Art Class</p> <p>6:00 Cub Scouts</p>	<p>17</p> <p>9:30 Sisters 4 Serenity</p> <p>10:00 Ladies Bible Study</p> <p>6:00 Session Meeting</p> <p>7:00 Boy Scouts</p>	<p>18</p> <p>9:00-4:00 Oregon Family School</p>	<p>19</p> <p>9:30 Sisters 4 Serenity</p> <p>10:00 Quilters</p> <p>4:30 Spiritual Growth Zoom</p> <p>4:30 Singles Dinner</p> <p>Lamplighter Articles Due</p>	<p>20</p> <p>8:00 Men's Bible Study</p>	<p>21</p> <p>10:00 Mental Health Awareness Workshop</p>
<p>22</p> <p>10:00 Worship</p> <p>2:00 Iglesia Betsaida</p> <p>2:00 Presbyterian Women</p> <p>5:00 Sermon</p> <p>Zoom Discussion</p>	<p>23</p> <p>1:00 CPC Art Class</p> <p>6:00 Cub Scouts</p>	<p>24</p> <p>9:30 Sisters 4 Serenity</p> <p>10:00 Ladies Bible Study</p> <p>7:00 Boy Scouts</p>	<p>25</p> <p>9:00-4:00 Oregon Family School</p>	<p>26</p> <p>9:30 Sisters 4 Serenity</p> <p>10:00 Quilters</p> <p>4:30 Spiritual Growth Zoom</p>	<p>27</p> <p>8:00 Men's Bible Study</p>	<p>28</p> <p>10:00 Mental Health Awareness Workshop</p>
<p>29</p> <p>10:00 Worship</p> <p>2:00 Iglesia Betsaida</p> <p>5:00 Sermon</p> <p>Zoom Discussion</p>	<p>30</p> <p>1:00 CPC Art Class</p> <p>6:00 Cub Scouts</p>	<p>31</p> <p>9:30 Sisters 4 Serenity</p> <p>10:00 Ladies Bible Study</p> <p>7:00 Boy Scouts</p>				

HAPPY BIRTHDAY!

May Birthdays

- 5/1 Daniel Duff
- 5/3 Alyce Jantzen
- 5/6 Ron Terry
- 5/7 Diana Barker
- 5/9 Linda Hill
Karen Rooney
- 5/10 Jean Hoffman
- 5/12 Mike Myers
Bob Weeber
- 5/14 Conor McCreary
Gary Patterson
- 5/17 Luann Johnson
- 5/18 Roxanne Duman
Becki Lundgren
- 5/19 Thom Myers
- 5/22 Joan Sheets
- 5/24 Monica Graham
- 5/25 Marcia Majors
Jo Anne Sutherland
- 5/28 Debi Galvez
Joe Griffin
- 5/29 Ken Kerfoot
- 5/30 Stan Carpenter
Kathryn Outwater
- 5/31 Emma Barr



May Deacon of the Month is Roxanne Duman



*"For as the earth brings forth its shoots,
and as a garden causes what is sown in it to spring up,
so the Lord God will cause righteousness and praise
to spring up before all the nations."*

Isaiah 61:11



HAPPY ANNIVERSARY!

- 5/6 Joe & June Griffin
- 5/8 Rick & Jean Hoffman
- 5/9 Steve & Becki Lundgren
- 5/12 Walt & Norrie Taylor
- 5/28 Bob & Lois Ahern
- 5/29 Paul & Barbara Whitaker
- 5/30 Dick & Linda Hill

The Deacon of the Month is on call to help with special needs.

Roxanne is serving her second three-year term as a Deacon. Her favorite aspect of being a Deacon is working with a great team to accomplish the Deacon's mission of Compassion, Witness, and Service. She also enjoys the opportunity to help others and build relationships.

With her gifts of administration and service, she has been the inspiration and driving force for the Deacon's Angel Tree project, which provides gifts and assistance to local families in need at Christmas time. Roxanne is also an avid quilter, and as in her work with the Angel Tree, she enjoys envisioning the people who will be blessed.

She also sings soprano in our beautiful CPC choir. Roxanne is a bright light with a heart to serve and shares this mantra:

"Bloom where you are planted."



The next **Lamplighter** news **due date** for the June issue is **Thursday, May 19th, at noon**. Articles for publication should be sent to Gina via email at: frontdesk@redmondcpc.org. You will receive a reply letting you know your contribution was received. Thank you to all who contribute!