

The Lamplighter

A Newsletter of **Community Presbyterian Church**
529 NW 19th St. ~ PO Box 1689
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541-548-3367 www.redmondpc.org



JUNE 2023

Growing In Christ and Loving One Another

Greetings CPC,

It was wonderful to celebrate Pentecost together at the end of May! As I shared that day, Pentecost ("50" in Greek) was and still is a Jewish festival known by other names as well: the Feast of Weeks (*Shavuot* = "weeks" in Hebrew) and the Feast of Ingathering (marking the firstfruits of the harvest). As with Passover, Pentecost was a "pilgrim" festival that drew the Jewish diaspora to Jerusalem (Deut. 16:16) every year. What commences on that Pentecost 10 days after the ascension of Christ and 50 days/7 weeks after his resurrection, is the outpouring of the promised Holy Spirit on these uneducated Galilean disciples who then proclaim the Gospel with clarity and conviction in the tongues of all nations present!

And that miracle of communication - the speaking and hearing of God's Word - continues to happen all over the world, leading to new and renewed life, new beginnings, new possibilities. How are we experiencing that ministry of renewal and rootedness in Christ that the Spirit is ever seeking to *deepen* within us and extend *through* us as Christ's new creation community?

On Pentecost I shared a quote from Will Willimon about one woman's poignant observation: "Part of me hates the church," she said. "Before I became a member, my life was my life. I was fairly content with myself. Then the church took me to Haiti and made me stare at people who are dying because of their dire poverty yet who were also undeniably richer in faith than I would ever be. I could have had a fairly happy life without the church. Now, those strangers in Haiti have become my obsession. I'm thinking about them as if they were my family."

Willimon said, "It seemed to me a wonderfully Pentecostal moment, evidence of the descent of the Holy Spirit. God's Holy Spirit continues to make something out of nothing, continues to make a family where there were once only strangers, and continues to *empower ordinary people to preach like saints.*" Even ordinary people like us, CPC!

Because of the Holy Spirit we too have become a family called to cross boundaries (generational, cultural, political, socio-economic, etc.) to share the love of Jesus and the story of Jesus. That's what the power of the HS does - the Spirit sends us out as the Body of Christ to embrace the hurts and hungers and heartaches of our world in the power of God's love and in the pattern of Jesus' life and death!

The HS comes to solve our biggest problem, yes; and the HS comes to involve us ever more deeply in the problems of this world God so loves, the problems of our neighbors. As the social-political commentator David Brooks once said, "The purpose in life is not to find yourself. It's to lose yourself." Which should sound very familiar to us! This holds true at every stage of life, the first third of life, or the third third which most of CPC is in now.

Our call is to look around us and ask in every chapter of our lives, if it's not already obvious: "Who needs us?" "Who is God entrusting to our care?" How can we share the good news of God's love in Jesus Christ?" That's why we've received the HS, and the gifts of the HS, to strengthen and encourage one another in this common purpose, that the Gospel would be shared afresh with conviction and clarity, and not with words alone. May it be so!

Blessings, Kevin

Some of you have been asking about the gentleman you see playing piano and accompanying the choir. We are very fortunate to have Kevin serving CPC on a part-time basis. Here is a little more about him:

Kevin Upton moved to Bend from Hillsboro in 2021 after retiring from a career as a software developer. He played piano at Old Scotch Church (Tualatin Plains Presbyterian) for many years. His father was the pastor, and his mother was the choir director at the church from 1970 to 1985.

Kevin and his wife, Jan, enjoy everything Central Oregon offers, including hiking, swimming, bike riding, floating, and hosting friends and family when they visit. They have 3 children, one who also lives in Bend. Jan volunteers at Think Wild, a wildlife hospital and conservation center.

Kevin also sings in the Redmond Community Choir along with several CPC members. He is grateful to have found such a welcoming, caring, and familiar community at CPC. Please welcome Kevin and Jan to the CPC family!



Karen Baldwin-Kuntz
Director of Music Ministries

Notes From Session



At the May Session meeting, we heard from a local daycare director who is participating in a NeighborImpact training program and would like to open an expanded daycare and preschool program in the lower level of our building. Mutual exploration and discernment are ongoing.

We accepted the resignation of Clerk of Session, Steve Cross, and thanked him for his years of exceptional, exemplary ministry in that role. His last meeting will be in June, and we will seek a replacement. Please join us in thanking him for his faithful service to the church.

We approved using the building as an emergency evacuation center for Juniper Springs. We also solidified plans for the Safe Parking program. We checked in on many other new ministry programs and renewal projects getting underway (remediations and renovations, repaving and resealing of the parking lot, new spiritual formation and fellowship offerings, etc.).

The church remains in a healthy financial situation relative to the budget, yet we already see the effects of spring and summer travels on giving. So please give online or in advance of your trips, and give generously to keep all our shared renewal ministry moving forward. Thank you.

CPC Session

Deacon of the Month for June is Raydene Heitzhausen

The Deacon of the Month is On Call to Help With Special Needs.

Raydene Heitzhausen is a lifelong Presbyterian and has previously served as a Deacon at St. Andrew's Presbyterian Church in Portland. She is serving her third year as a Deacon here at CPC.

She is glad to be able to fill the needs of those who are vulnerable and in need of assistance. Raydene sees the glass as half full and is grateful for her close relationships with her family and good friends at church and in her neighborhood.

Her heart for serving and optimistic outlook are lovely assets to our church and team of Deacons. Raydene offers this verse from Philippians 4:6. "Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God."



Wellness Ministry Update

WELLNESS MISSION STATEMENT:

To help the congregation attain, maintain, and/or regain the best possible health, wellness of mind, body, and spirit that can be experienced. This is realized through education, guidelines, screenings, and providing ongoing support.

Lois Millspaugh, Chairman

Wellness Ministry

The Wellness Ministry of Community Presbyterian Church strives to support members and friends, of all ages in our church, by encouraging more physical exercise, healthy nutrition, spiritual awareness, and love of family, both church and personal. We are working on programs to support all of these endeavors and invite anyone interested in working with us to achieve these goals to join our team. The next Wellness Ministry meeting will be held at the church on Tuesday, June 13th, at 1:00 pm in the Eby Room. Thank you for your willingness to do good works in our church. If you would be interested in participating in this special ministry, please contact Lois Millspaugh.

Health Tip - Low Oxygen Levels in the Body

Hypoxemia is a low level of oxygen in the blood. It starts in the blood vessels called arteries. Hypoxemia isn't an illness or a condition; its a sign of a problem tied to breathing or blood flow. It may lead to the following symptoms: Shortness of breath, rapid breathing, fast or pounding heartbeat, or confusion. If you find you have these symptoms, be sure to check with your healthcare provider.



How to increase your oxygen levels: 1. Stand up straight rather than lying down, which may put pressure on your lungs and make breathing harder. 2. Cough, if you have a cold or the flu, difficult breathing can decrease oxygen saturation in your blood. 3. Go outside. 4. Drink lots of water. 5. Take slow deep breaths. 6. Be active. 7. Stop smoking. 8. Consume iron-rich foods. 9. Get house plants, as they add more oxygen to your home environment. 10. Be physically active.

Attention All Singles ~ Singles Dinner Group

For the month of June we will be enjoying the wonderful food at the Open Door Restaurant in Sisters on Thursday, June 15th. They are located at 303 W. Hood Avenue (located in the Clearwater Gallery). We will meet at 5:00 pm with dinner at 5:30 pm. Please sign-up on the sign-up sheet in the Narthex of the church so that we have adequate seating planned. For additional information please contact Lois Millspaugh.

Free Blood Pressure Screenings

Our Free Blood Pressure Screening for the month of May will be held on the second Sunday of the month from 9:30 – 10:00 am in the Eby Room. If you are interested in knowing your blood pressure, our nurses are there to help you. Remember, high blood pressure is a silent killer; see your doctor with any concerns. If you are a nurse and are interested in helping with this program, please contact June Isaak (her contact info is in the directory).

Hospital Equipment

The Wellness Ministry has an inventory of equipment to be loaned out to anyone needing assistance following a health issue. We have walkers, crutches, shower chairs, and numerous other items to support our church members and friends. If you find you need equipment, please get in touch with Lynda Talbot our equipment coordinator (her contact info is in the directory). We are also missing equipment that was not checked out. If you have any of these missing items, please return them to the church office. Thank you for your thoughtfulness.

Parkinson's Support Group

The Parkinson's Support Group will meet on Monday, June 12th at 1:00 pm in the Fellowship Hall. Jess Joseph will lead the time on "Preparing for the Unexpected." For additional information, please contact Ginny Weeber (her contact info is in the directory).

Dementia Interaction Group

The Dementia Interaction Group will meet on Thursday, June 15th, at 3 pm in the Fellowship Hall. Both caregivers and persons with dementia are invited to attend. All are welcome. For questions, please contact Steve Thorp (his contact info is in the directory).

CPC Cookie Crew

The Great British Bake Off has nothing on the CPC Cookie Crew (CPCCC)! Eleven of us gathered in the kitchen and baked over 30 dozen cookies in just over an hour. Given the size of the crew, we thought there might be some bumping elbows, trampled toes, and ingredient spills... but not with this group! Everyone jumped in and played a role – measuring, stirring, shaping, baking, taste testing, cleaning – with a smile and cheerful heart! Even Gilbert, who has never baked cookies, was introduced to the snickerdoodle! We also had some remote bakers (Steve Cross and Judy Vancil) who added their goodies to our 30+ dozen.

So now it's your job to enjoy the cookies and use them for any ministry needs. Sick neighbor? Bible study? New visitor to church? Just let me know if you're grabbing some cookies so we can keep track of inventory.

We will meet again sometime this summer and welcome your recipe suggestions. You are always welcome to bake at home and add your cookies to the church freezer (please label them with the date, type of cookie, and any special allergy notes).

Bakefully yours (couldn't resist the pun) for this CPCCC inaugural bakeoff – Tina Manuel, Sharon Outcalt, Luann Johnson, Connie Stoaks, Ed & Judy McKinney, Viki and Steve Cross, Alyce Jantzen, Julie St Peter, Carol Johnston, Gilbert Kubwimana, and Judy Vancil.



Quilters Quips June 2023

Progress continues to be made towards our commitment to Shepherd's House. We are also making other quilts for several different places. We meet most Thursdays from about 10 to 3, breaking at noon for lunch and sharing ideas. We always enjoy having new faces with new ideas and talents in our group.

Summer quilt camp plans are coming together! Remember to put August 7th thru the 11th on your calendars. We will present the first installment of a mini mystery on Monday, followed by the second and third set of instructions on Tuesday and Wednesday. All the blocks will then be sashed and put into a group scrappy quilt. It should be fun! With the closure of Tate and Tate, we are still figuring out our lunches but, to be sure, we will have them! We will also have dessert daily and snacks to share to keep our creative juices flowing!

With the many activities this summer at the church site, please check your email or call another quilter to ensure we are meeting that week. June 22nd, there will be no quilting due to continued work on the parking lot. We need to be patient with the disruptions but also excited as improvements are made.

Becky Dennis 

Safe Parking Program at CPC



Session has approved a Mission Team proposal that our church serve as Redmond's seventh host location for the Safe Parking Program. This program is operated by Mountain View Community Development and partially funded by the City of Redmond. The goal is to provide two houseless families with a safe place to temporarily park and live in their RVs or trailers while they work with the program's Case Manager to transition to stable housing.

Participants will be parked near the shed and back fence of our property. This will likely begin sometime this summer after the Property Team has done some electrical work and dealt with the rock chucks and their tunnels that could be a liability hazard.

Participants are carefully screened and given background checks, and they must follow a strict set of contract rules to live on the host site. These rules include no entry into the church unless invited, no contact with church people (other than a small team of volunteer contact people) or program participants on site like schools or Scouts, no alcohol or illegal drugs, no weapons, no outside storage of possessions, no fires or grills, and quiet hours. In addition, the Safe Parking Program provides insurance, a portable toilet service, and a garbage service. Most participants at Safe Parking locations have jobs and need a safe place to live temporarily until they can get into permanent housing.

Other churches in Redmond and Bend have successfully hosted families during the past two years without impacting the church or outside programs like schools that use the church space. Families have a time limit of 90 days, which they can extend if they have shown progress in meeting their goals needed to transition to permanent housing. Our Session and Mission Team feel that providing a parking space for the houseless meets the purposes outlined for us in Matthew 25:40 by helping "the least of these." Our church can provide these spaces easily, at little or no cost to us, and with the knowledge that safety is a primary focus of the program.

You may click [HERE](#) for more information in the digital version of the Lamplighter; in addition, you may request a copy from the office, or contact Session members for more details about the program.

Connie Stoaks

The Mission Team

Congratulations Graduates!



High School

Daniel Duff

Redmond High School

Will attend Oregon Institute of Technology in
Klamath Falls & study Bio Health Sciences
Son of John & Michelle Duff

Isabella Turco

Bend High School

Will attend Central Oregon Community College
Granddaughter of Kathryn Outwater

Lillian Wells

Bend High School

Earned an International Baccalaureate Diploma
Will attend Corban University & study
Forensic Psychology
Granddaughter of Rocky & Luann Johnson

University

Mark Manuel

Vanderbilt University

B.A. in Medicine, Health, and Society
with a Business minor. He will serve as a campus
ministry intern with the Reformed University
Fellowship (RUF) chapter at UCLA in the fall.
Son of Kevin & Tina Manuel

Kate Peplin

Oregon State University

Doctor of Veterinary Medicine

She has accepted a position at
Hometown Animal Hospital in Prineville.
Daughter-in-law of Todd & Candy Peplin

Ethan Sherrell

Oregon State University

Bio Health Science Bachelors Degree

graduated with Academic Excellence

Will work as a medical scribe & serve the
OSU Chi Alpha campus ministry in the fall.

Son of Todd & Gina Sherrell

CPC Parking Lot Maintenance - Please Note The Dates

The Community Presbyterian Church Parking lot is under maintenance. The first two phases happened in May.

Phase 3 – June 22nd to June 25th – (Contractor = Straight Edge Maintenance, LLC) Seal coat and stripe the parking lot. The entire parking lot will be closed from Thursday morning to Sunday morning at 7 am. The contractor will block the entrances. We will need to make sure the quilters and other groups are aware and reschedule to earlier in the week or take a week off.

Phase 4 – September 2023 – (Contractor = Straight Edge Maintenance, LLC) Because we are putting a section of brand-new asphalt, Brian can not seal coat that section until it cures properly over the summer. Thus, he will come back in the fall and seal coat/stripe that area.

The property team will keep the congregation informed throughout the project. *We appreciate your patience.*



Todd Peplin
Property Team Chair



Building Remediation Begins June 12th

Remediation of the building will begin the week of June 12th. The 1st phase encompasses the mold remediation in the choir room and nursery; carpet removal in those spaces plus in the hallways, Fellowship Hall, and Eby Room. We are unsure at this time how many days it will take.

Beatrice Visiting CPC

Beatrice Mburire, Elder with our partner Kisauni Parish in Mombasa Kenya, will be visiting Redmond from June 6th to 12th. We plan on a couple of opportunities to meet Beatrice during her stay in Redmond. Be watching the E-News and bulletin announcements.

The following is an update from Beatrice:

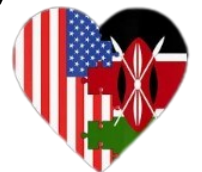
Hello Rocky, hello Oregon family. It's our prayer that you are all well. We are doing well, we thank God.

Last week we had some sad moments as Elder Susan's dad passed on after struggling with illness for a while. We thank God that all was peaceful and that Elder Susan and the family are recovering well. Glory to God.

It's currently quite rainy in most parts of Kenya after the long draught in all areas. The food crops have sprouted well in the farm areas although with some flooding here and there. We really are grateful to God for the rains.

On Sunday we observed our annual event, Compassion Sunday, during which we host a church service for both the beneficiaries and their guardians. At the event we help raise funds to support the education for the children at our center and those that have joined high school and colleges. Currently we are hosting about 360 kids. It was a great success and a very beautiful prayer and worship service. I'll share some of the moments with you. Schools have just re-opened this week for a 14 week second trimester. We are grateful to God.

We still have voices here and there from the opposition on various matters including the rising cost of living. We believe that with the rains that have come, the country shall have plenty of food that will be a big relief to the country as a whole. Please continue to pray for peace in our country. Pass our regards to all.



Blessings, Beatrice



June



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 9:30 Women's AA 10:00 Quilters 4:30 Spiritual Growth Zoom	2 <i>Office Closed</i> 8:00 Men's Bible Study	3
4 10:00 Worship 11:00 Bible Study 5:00 Sermon Zoom Discussion	5	6 9:00-4:00 Oregon Family School 9:30 Women's AA	7 9:00-4:00 Oregon Family School 6:30 Cub Scouts	8 9:30 Women's AA 10:00 Quilters 4:30 Spiritual Growth Zoom	9 <i>Office Closed</i> 8:00 Men's Bible Study	10
11 9:30 Blood Pressure Check 10:00 Worship 11:00 Fellowship with Beatrice 11:00 Bible Study 5:00 Sermon Zoom Discussion	12 8:00 Property Mtg 1:00 Parkinson's 3:00 Deacon Mtg <i>Building Remediation Begins</i>	13 9:30 Women's AA 1:00 Wellness Mtg 3:00 Worship Mtg 7:00 Boy Scouts	14 6:30 Cub Scouts 3:00 Finance Mtg	15 9:30 Women's AA 10:00 Quilters 3:00 Dementia Group 4:30 Spiritual Growth Zoom 5:00 Singles Dinner	16 <i>Office Closed</i> 8:00 Men's Bible Study	17
18 <i>Father's Day</i>  10:00 Worship 11:00 Bible Study 5:00 Sermon Zoom Discussion	19  <i>New Office Hours Start 8:00 - 1:00</i>	20 9:30 Women's AA 6:00 Session 7:00 Boy Scouts	21 1:30 Mission Mtg 6:30 Cub Scouts	22 <i>Parking Lot Maintenance CHURCH CLOSED</i> 4:30 Spiritual Growth Zoom	23 <i>Parking Lot Maintenance CHURCH CLOSED</i> 8:00 Men's Bible Study	24 <i>Parking Lot Maintenance CHURCH CLOSED</i>
25 10:00 Worship 11:00 Bible Study 5:00 Sermon Zoom Discussion	26	27 9:00-4:00 9:30 Women's AA 7:00 Boy Scouts	28 6:30 Cub Scouts	29 9:30 Women's AA 10:00 Quilters 4:30 Spiritual Growth Zoom	30 <i>Office Closed</i> 8:00 Men's Bible Study	



June Anniversaries

6/4	Ron & Nancy Terry
6/12	Jim & Sandy Booth Jim & Gloria Irwin
6/23	Sharon & Michael Byrum
6/28	Bill & Gloria LaBore
6/29	Tucker & Candace Williamson

June Birthdays

6/1	Bob Ahern
6/2	John Braund
6/5	Kathi Hayward
6/6	Rick Nissen Gerry Owens
6/8	Judy Rowan Larry Stadler
6/9	Corky McCrea
6/12	Dick Hill
6/13	Sean Arvin
6/17	June Griffin Swanee Yourkowski
6/18	Daniel Stealey Peggy Waggoner
6/20	John Hodecker
6/22	Tucker Williamson
6/23	Carla Barnes Karen Lisius Lois Seitter
6/25	Marney Coates Beverly Johnson Dottie McMenemy
6/26	Teddy Johnnie
6/27	George Johnson
6/28	Ed Martinez
6/30	Candace Williamson



Suppers for Six

Here is your chance to get to know people in our congregation better - Suppers for Six will begin soon. Each month one of the six members will host the others (if you want to meet more often, it's up to you). This is a great way to get to know others over the next six months. Sign-up for Suppers for Six in the foyer.



George Johnson
Congregational Life

Note From The Finance Team

Have you turned in reimbursement requests with appropriate receipts this month? Our Finance manual requires that requests for reimbursements be submitted within 10 days after the expenditure date and not later than January 10th of the following year. The IRS does not permit us to reimburse expenses after the books are closed.



Can & Bottle Return

Thank you for all the offerings.
In April \$187.00 was collected for the
CPC Mission Team!

There are three ways to give cans and bottles to the Mission Team.

- 1) Drop them off at the north end of the church near the basement door.
- 1) Drop them off at Walt Taylor's home at 1849 SW Canyon Drive (leave on the north side of the house on the sidewalk)
- 2) Call 541-548-4472 and he will come and pick them up at your location.

Thank you for your continued support of the CPC Mission Team!

Walt Taylor



*Monday, June 19th ~
Tuesday, September 5th
8:00 ~ 1:00*

The next Lamplighter news **due date** for the July/August issue is **Thursday, June 15th, at noon**. Articles for publication should be sent to Gina via email at: frontdesk@redmondcpc.org. You will receive a reply letting you know your contribution was received. Thank you to all who contribute!

