

The Lamplighter

A Newsletter of **Community Presbyterian Church**
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Growing In Christ and Loving One Another

*And remember, I am with you always, to the end of the age.
Matthew 28:20*

At the Annual Meeting on 1/28/2024, Pastor Kevin announced to the congregation that serious health concerns made it necessary for him to resign, abruptly launching us into the next chapter of CPC.

As we embark on this difficult journey without a pastor, the CPC session will provide monthly updates to the congregation on the status of where we are in the transition process. The session is aware that we cannot do this work alone and will need the entire congregation to work as a team with the session as we determine the next steps.

We are pleased to have the Cascades Presbytery's commitment to stand with CPC on this journey. The Cascades Presbytery staff Brian Craker, (Transitional Executive Presbyter), Clark Scalera, (Presbyter for Clergy and Congregations) and Sarah Sanderson-Doughty (Conflict and Resolution Team) joined CPC March 2nd through 4th, providing support and commitment to walk alongside us during this time without a pastor. During their time at CPC, Rev. Brian Craker preached, and the team met with session, staff, and several congregational members to hear our concerns and anxieties.

Subsequently, they provided a summary of their time with CPC. Some highlights from this summary include:

Healthy qualities:

- * Tremendous love for the church and one another
- * Compared to churches in our presbytery of similar size, we have 4-8 times the reserves
- * Committed lay leadership over the years, several deeply dedicated to their areas

Unhealthy Qualities:

- * Communication patterns
- * Lack of leadership training
- * Deferring maintenance

Recommendations:

- * Institute annual leadership training
- * Hire a yearlong bridge pastor for preaching and pastoral care
- * Establish regular communication from session

Session is in the process of gathering resources to move to the next stage of our planning. We will report back next month.

[Your thoughts are welcome. Please put your notes in the Joash box in the narthex.](#)

CPC Session

Truman Grandey, Rick Hoffman, George Johnson, Luann Johnson,
Lois Millsbaugh, Linda Jackson-Shaw, Diane Wilson

Congregational Meeting - Sunday, April 14th

Please join us on Sunday, April 14th, after service for a short congregational meeting to dissolve Kevin's pastoral relationship with CPC.

Music Ministry April 2024



One of my favorite childhood services was the one Millwood Presbyterian did on Watchnight Saturday. We would gather in the chapel for contemplative time and prayers; then, we would light a candle and proceed around the block in silence. When we returned to the church, the pastor would knock on the big wooden door, and from inside, we would hear, "Whom do you seek?" Our response was, "We seek Jesus Christ." This would repeat two more times, then the door would open, and the pastor inside would exclaim, "He is risen!" we would respond with, "He is risen, indeed!" repeating this three times. This special service helped us recall what Christ's followers experienced and prepared us for the joyful Easter news.

So now, what comes next? Wikipedia says, "Eastertide or Paschaltide is a festal season in the liturgical year of Christianity that focuses on celebrating the Resurrection of Jesus Christ. Preceded by Lent, it begins on Easter Sunday, which initiates Easter Week in Western Christianity and Bright Week in Eastern Christianity. Traditionally lasting 40 days to commemorate the time the resurrected Jesus remained on earth before his Ascension; in some western churches, Eastertide lasts 50 days to conclude on the day of Pentecost or Whitsunday."

In Eastertide, we sing songs that recall Christ's resurrection and focus on how our lives can follow in his footsteps. Gone are the somber, contemplative songs of Lent, but we should never forget what occurred during the 40 days of Lent and how that time prepares us to loudly proclaim the good news of Easter, "HE IS RISEN, INDEED!"

Karen Baldwin-Kuntz
Director of Music Ministries

Angel Fest Chairperson Needed

After last year's modified Angel Fest, some congregation members commented that it would be nice to return to the way we used to do it before the pandemic, opening it to the public and having more crafts to sell. If we are to do it this way, we need someone to volunteer to be a chairperson to organize the event and recruit crafters. The Mission Team is willing to help at the event.

Please get in touch with Connie Stoaks if you are interested in chairing Angel Fest this year.



Donation needed for our Safe Parking resident:
clean double bed mattress.



Please contact
Connie Stoaks.

*We are convinced
that every detail of our
lives is continually
woven together
for good,
for we are his lovers
who have been
called to fulfill
his designed purpose.
For he knew
all about us
before we were born
and he destined us from
the beginning to share
the likeness
of his Son.*

Romans 8:28-29 tpt



Financial Report



CPC continues to be blessed by the faithful giving to the works and ministries of the congregation. Our recent meetings with Presbytery included an analysis of our financial situation. Their report is that we have 4-8 times the financial resources compared to other congregations of our size in the Presbytery.

An annual review of 2023 finances and management, led by John Seitter over several weeks, was completed in late February. The format was provided by Presbytery and required the team to review specific details in 72 areas. The team of four reviewed records, accounts, and management details. During the review, the team found a few processes that could be improved, and these areas were brought to the attention of the pertinent individuals. The results of the review showed that “the financial documents of CPC fairly present, in all material aspects, the financial position of CPC as of Dec. 31, 2023.” Those documents were summarized in the Annual Report of CPC.

At the start of 2023, our church had \$1,687,761 in Total Assets (cash and investments). During the year, we spent \$355,313 from our budget, over \$300,000 from our investment accounts (primarily construction), and more from our Designated Fund and Mission giving. Still, on Dec. 31, 2023, we had increased our Total Assets to \$1,749,339. About \$480K remains dedicated to capital improvements and \$50K to Pastor Salary support. An additional \$110K is held for our Designated Fund programs.

All this is to show just how blessed we continue to be by the faithful giving of our congregation and the decisions and bequeaths of previous generations for the future missions that we will have.

Rick Hoffman

Deacon's Report

With the help of many, the Deacons held a Memorial Service for John Hodecker. John served our congregation for decades, helped us through many financial crises, and served the community. We will all miss John. Despite his loss, we can take comfort as we look forward to the Resurrection we will celebrate on Easter.

I meant to give a moment for missions about the Deacons, but amid Lent, communion, not having a Pastor, and other things as well, I didn't do it. The Deacons provide home communion for those who wish it, donate to the Community Presbyterian Scholarship fund, donate to Meals on Wheels, Jericho Table, coordinate the Lenten soup suppers, provide meals for folks in times of loss or other needs, arrange for Christmas meals and gifts for needy families at Christmas, as well as hold in prayer any of the congregation who asks.

I suggest that as you consider giving of your treasures and talents, you keep the Deacons in mind. You can find a Deacon offering envelope in the pews on Sundays.

Blessings,
Steve Cross



Quilters Quips April 2024

It has been a delight to see the handiwork of the quilters back on the walls in Teddy's Hall. It makes such a difference in the room's appearance and softens the acoustics. We will try to rotate a variety of quilts for you all to see.

We are working on many different projects at present. A new project is making lap robes for people in wheelchairs. They are distributed by an agency called Home Instead of Central Oregon. We have also been in contact with Furnish Hope, which works out of Bend for the tri-counties to help people get established in a home for the first time. We distributed several quilts to them, and they were thrilled.

The demonstration of the block of the month for April will be on April 11th!

It is time to mark your calendars for our twelfth summer quilt camp! It is scheduled for August 12th - 15th. Check your calendar and come join us. We will be making the blocks for the Honor Quilt that week and will also have some classes and/or demonstrations during the week. If you have any suggestions for something, let us know. It is always fun to see something new!

Becky Dennis

Wellness Ministry Update

WELLNESS MISSION STATEMENT: *To help the congregation attain, maintain, and/or regain the best possible health, wellness of mind, body, and spirit that can be experienced. This is realized through education, guidelines, screenings, and providing ongoing support. Lois Millspaugh, Chairman*

Wellness Ministry

The Wellness Ministry of Community Presbyterian Church strives to support members and friends, of all ages in our church, by encouraging more physical exercise, healthy nutrition, spiritual awareness, and love of family, both church and personal. We are working on programs to support all of these endeavors and invite anyone interested in working with us to achieve these goals to join our team. The next Wellness Ministry meeting will be held at the church on Tuesday, April 9th, at 1:00 pm in the Eby Room. If you would be interested in participating in this special ministry, please contact Lois Millspaugh.

Attention All Singles ~ Singles Lunch Group

On Thursday, April 18th we will enjoy a wonderful lunch at Applebee's in Redmond (3807 SW 21st Street). We will meet at noon and have lunch at 12:30 pm. Please sign up in the church's narthex (for seating purposes); for more details, please contact Lois Millspaugh.

Free Blood Pressure Screenings

Our Free Blood Pressure Screening will be held on the second Sunday of the month from 9:30 - 10:00 am in the Eby Room. If you are interested in knowing your blood pressure, our nurse is there to help you. Remember, high blood pressure is a silent killer; see your doctor with any concerns. If you are a nurse and are interested in helping with this program, please contact June Isaak.

Hospital Equipment

The Wellness Ministry has an inventory of equipment to be loaned out to anyone needing assistance following a health issue. We have walkers, crutches, shower chairs, and numerous other items to support our church members and friends. If you find you need equipment or would like an additional walker, please get in touch with Lynda Talbot our equipment coordinator.

Wellness Ministries has purchased a second knee scooter to replace the scooter that was taken without being checked out. We also have purchased an infant car seat to be loaned out to anyone having a small visitor and needing proper seating for a short amount of time.

**** All equipment that is loaned out needs to be coordinated with Lynda Talbot. She is willing to deliver the equipment and pick it up if you need assistance in this matter.

Parkinson's Support Group

The Parkinson's Support Group will be conducting their regular meeting on Monday, April 8th at 1:00 pm in the church Fellowship Hall. Reach out to Ginny Weeber for more information.

Emergency First Aid Stations

The Wellness Ministry of our church continues to work to create safety measures for our church. We have First Aid Stations in the Narthex, Nursery, and downstairs in the Youth Room. We also have two electronic defibrillators. One is located in the Narthex, and the other is located downstairs in the Youth Room. Over the years, we have purchased new pads and batteries for each machine to keep them functioning properly. We also anticipate holding an AED/CPR class led by the Redmond Fire Department for those interested in learning how the machines work and how to save a life with CPR skills. If you would be interested in attending this class, please contact Lois Millspaugh or the church office so that we can coordinate with the Redmond Fire Department. Thank you for your interest.

Health Tip - FACTS ABOUT FALLS

Millions of older people - those 65 and above - fall each year. Every year, 3 million older people are treated in emergency rooms for fall injuries. Over 800,000 patients a year are hospitalized because of a fall injury, most often a head injury or hip fracture.



(Health Tip continued)

More than 95% of hip fractures are caused by falling, usually by falling sideways. Many falls do not cause injuries. But one out of five falls does cause a severe injury such as a broken bone or head injury. This causes people to be afraid of falling and may cause people to cut down on their everyday activities. Fewer activities cause people to become weaker, increasing their chance of falling. Ask your doctor or healthcare provider to evaluate your fall risk and talk with them about specific things you can do to keep yourself well and active.

Here are a few ideas to reduce the risk of falling...

- ⇒ Ask your doctor to review your medications.
- ⇒ Talk to your doctor about taking a vitamin D supplement.
- ⇒ Do strength and balance exercises.
- ⇒ Have your eyes checked.
- ⇒ Make your home safer; get rid of things you can trip over.
- ⇒ Add grab bars outside your bathtub.
- ⇒ Put railings on both sides of the stairs.
- ⇒ Make sure your home has a lot of light and bright bulbs.
- ⇒ Take that extra minute to protect yourself, and be careful where you walk.
- ⇒ Use a walker or cane to help balance yourself



Join a CPC Small Group



Community, Connection, and Growth - these are the heartbeats of a small group. Whether you're a seasoned member or new to our congregation, there's a place for you!

Why join?

- * You can Deepen Your Faith - dive into scripture and explore life's questions.
- * Build Relationships: connect with others who will share your journey.
- * Pray Together: lift each other up in prayer. Ready to grow?

Sign up in the narthex or contact George Johnson for more information.



"Flowers don't worry about how they're going to bloom. They just turn toward the light, open up, and God makes them beautiful."



CPC Needs You!

Just a reminder that now, more than ever, we need everyone to help us move forward. Please consider joining one of these teams. We all need to work together.



Team:

Deacons
Wellness
Congregational Life
Finance
Mission
Property
Worship
Nominating
Food & Fellowship

Contact:

Steve Cross
Lois Millsbaugh
George Johnson
Rick Hoffman
Connie Stoaks
Linda Jackson-Shaw
Luann Johnson
Truman Grandey
Luann Johnson & Linda Jackson Shaw
Rocky Johnson
Gina Sherrell

Usher/Greeter
Tech

Soup Supper Thank You

Deepest thanks to all of our awesome folks who provided soup, bread, and help with this year's Lenten Soup Suppers. There were so many wonderful soups, many who helped with set up and clean up, as well as great devotions! Blessings and thanks to all.


Lynda Talbot & Sharon Lynch





April 2024



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Office Closed For Holiday	2 9:30 Women's AA 7:00 Boy Scouts	3 6:30 Cub Scouts	4 9:30 Women's AA 10:00 Quilters 4:30 Spiritual Growth Zoom	5 Office Closed 8:00 Men's Bible Study	6 Office Closed
7 10:00 Worship 11:00 Bible Study 5:00 Sermon Zoom Discussion	8 7:30 Property Mtg 100 Parkinson's Group 3:00 Deacons Mtg	9 9:30 Women's AA 1:00 Wellness Mtg 3:00 Worship Mtg 7:00 Boy Scouts	10 3:30 Finance Team Mtg 6:30 Cub Scouts	11 9:30 Women's AA 10:00 Quilters 4:30 Spiritual Growth Zoom	12 Office Closed 8:00 Men's Bible Study	13 Office Closed
14 9:30 Blood Pressure Check 10:00 Worship 11:00 Congregational Meeting 11:00 Bible Study 5:00 Sermon Zoom Discussion	15	16 9:30 Women's AA 6:00 Session 7:00 Boy Scouts	17 6:30 Cub Scouts	18 9:30 Women's AA 10:00 Quilters 12:00 Singles Lunch Group 12:00 Lamplighter Articles Due 4:30 Spiritual Growth Zoom	19 Office Closed 8:00 Men's Bible Study	20 Office Closed
21 10:00 Worship 11:00 Bible Study 5:00 Sermon Zoom Discussion	22	23 9:30 Women's AA 12:30 PW 7:00 Boy Scouts	24 6:30 Cub Scouts	25 9:30 Women's AA 10:00 Quilters 4:30 Spiritual Growth Zoom	26 Office Closed 8:00 Men's Bible Study	27 Office Closed  8:00 Spring Clean Up
28 10:00 Worship 11:00 Bible Study 5:00 Sermon Zoom Discussion	29	30 9:30 Women's AA 7:00 Boy Scouts				

Deacon of the Month for April is Rocky Johnson

The Deacon of the Month is On Call to
Help With Special Needs.

I have been a long time Presbyterian and have served in three church Sessions. This will be my first time serving as a Deacon, and I look forward to participating in service to our church and community.

Luann and I have been part of the CPC family since 2012, when we moved to Redmond after I retired from a career in banking. With our daughter, son-in-law, and three grandchildren in Bend, we are in the right place. Thank you for the opportunity to serve as a Deacon.



April Birthdays

4/2 Betty McCormick
Don Sheets
Katie Smith
4/4 Nancy Terry
4/6 Judy McKinney
4/8 Maddox Barr
4/9 Gloria Irwin
4/12 Jack Nelson
4/14 Greg Lundgren
4/16 Rita Phillips
4/17 Alyssa Nitschelm
4/23 Olivia Duff
Amanda Glasser



CPC Spring Clean Up

Saturday, April 27th
8:00 am ~ 12:00

Can & Bottle Return

Thank you for all the offerings.
In February \$110 was collected
for the CPC Mission Team!

There are three ways to give cans and bottles to
the Mission Team.

- 1) **Drop them off behind the church underneath the vehicle canopy.**
- 2) Drop them off at Walt Taylor's home at 1849 SW Canyon Dr. Leave on the north side of the house on the sidewalk.
- 3) Call 541-548-4472 and Walt will pick them up at. Thank you for your support of the CPC Mission Team!



Walt Taylor



Spring Time Prayer

*Help us, Lord, to truly see
this spring season for what it is:
a lovely reminder of how
beautiful change can truly be.
As flowers begin to adorn
the trees once again and
fresh grass rises up from the ground,
renew in us the strength
to let go of the past
and move forward in our
faith journey with You.*

Amen

The article **due date** for the May Lamplighter is
Thursday, April 18th, at noon.

Articles should be sent to Gina at frontdesk@redmondcpc.org.

You will receive a reply letting you know your contribution was received. Thank you!

