

# The Lamplighter

A Newsletter of **Community Presbyterian Church**  
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**MARCH**  
**2024**

*Growing In Christ and Loving One Another*

## **Sunday, March 3rd, Post-Service Informal Meeting**

We warmly invite you to join us after today's service in the Fellowship Hall for an informational meeting led by Rev. Dr. Brian Craker and Rev. Clark Scalera. In this gathering, Brian and Clark will lead us in an open conversation on the transition period. Your presence is highly valued, and we look forward to your participation. Refreshments will be served.

Later, another member from Presbytery, Rev. Dr. Sarah Sanderson-Doughty, will join them. They will meet with Session and Staff to discuss matters relevant to our community.

## **Notes from Session**

- Finance Team recommended, and Session approved the funding to purchase a new computer to support the Sunday Worship Livestream system.
- Mission Team reported the second Safe Parking Client is now on site. Mission also indicated that Amy Hedricks is still interested in renting church space for a day care/preschool. More details to come. Two other projects, solar power and low-income housing, were tabled until the church has a more precise direction.
- Worship Team is diligently working on the pulpit supply schedule and planning for the Lent season and Easter celebration.
- 2023 Audit Team presented their review. They conducted the audit in accordance with generally accepted auditing standards. The audit included examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements. They also assessed the accounting principles used and performed a cursory evaluation of the overall presentation of the financial statement. In their opinion, the financial statements referred to above present fairly, in all material respects, the financial position of Community Presbyterian Church as of December 31, 2023.



Respectfully,  
*Nancy Patterson*  
Clerk of Session

## Music Ministry March 2024

It seems like we just celebrated the birth of our Savior, and now we are preparing for his death. Advent is a time of joyful anticipation, and Lent is the polar opposite. The season of Lent lasts 40 days, minus Sundays. Lent ends three days before the celebration of Easter, which is when we observe Maundy Thursday, Good Friday, and Watchnight Saturday. It is a preparation for commemorating the death and resurrection of Jesus. Sundays are not included, as they are not days of penance, so why does the music in the services change?

We want to sing songs that make us feel good, but Lent is not a time of joyful celebration. Although Sundays are not included in Lent because they are considered times of celebrating Christ's resurrection, we still need to focus on the message of Lent. It is hard for us to sing songs in a minor, sad-sounding key. Lent is a time for repentance, remembering that we are humans in need of God's grace and forgiveness. It requires us to face our mortality and to recall what was said as the cross was traced on our foreheads on Ash Wednesday, "ashes to ashes and dust to dust."

Lent is a time of fasting, giving something up, or abstinence. A humble understanding that we are born with the curse of sin and that we need to recognize our brokenness and need for a Savior. Participating in Lent gives us time to prepare our minds and hearts for Jesus. As we observe Lent, pay attention to the message in the scriptural readings, music, and prayers. Take this time to embrace the somberness of their message. Read the words, examine the message, reflect on all Jesus gave for you, and then get ready to rejoice on Easter!

Karen Baldwin-Kuntz  
Director of Music Ministries



*“Let every activity of your lives  
and every word  
that comes from your lips  
be drenched with the beauty of our  
Lord Jesus, the Anointed One.  
And bring your  
constant praise to  
God the Father  
because of what  
Christ has done for you!”*

*~ Colossians 3:17 tpt*



### Deacon of the Month for March is Steve Cross

The Deacon of the Month is On Call to Help  
With Special Needs.

Steve joined Community Presbyterian Church in 1979. He received ordination as an Elder in 1983. He practiced medicine in Redmond until age 64.

Steve served as the Clerk of Session for 3.5 years and received ordination as a Deacon two years ago. He enjoys having the opportunity to serve as needed.



## DO YOU WANT TO FAST THIS LENT?

Fast from hurting words and  
say kind words.

Fast from sadness and  
be filled with gratitude.

Fast from anger and be filled with patience.

Fast from pessimism and  
be filled with hope.

Fast from worries and have trust in God.

Fast from complaints and  
contemplate simplicity.

Fast from pressures and be prayerful.

Fast from bitterness and  
fill your hearts with joy.

Fast from selfishness and  
be compassionate to others.

Fast from grudges and be reconciled.

Fast from words and  
be silent so you can listen.

*Pope Francis*

## Quilters Quips March 2024

The Winter Quilt Bee went off without a hitch. There were fifteen of us every day and a total of seventeen participants. There were a lot of stitches taken, snacks eaten, sewing tips shared, and fellowship among participants.



Thank you to all who made salads, soups, breads, desserts, and snacks. Thank you, Jean, for demonstrating our second block of the month. A huge thank you to Linda Fern for making a quilter booklet of quilt requirements for the different agencies we work with. We are all looking forward to our Summer Quilt Camp in August.

We have a few new projects in the works! One is to make a Quilt of Honor that will go to a veteran as they come back from the honor flight to Washington, DC. Other projects will be revealed as we make arrangements and commitments. Stay tuned!

*Becky Dennis*

## Deacon's Report



You all have a group of loving and hard-working Deacons. The group we have shares the opportunities to care for all of our congregants, and enjoy working together to help those who may have special needs. We reach out to some who have difficulty leaving their homes or might need extra care. We call these people TLCs. Please let a Deacon know if you know someone who might benefit from this extra tender loving care.

We also take care of the food donation wagon located in the narthex. We encourage each of you to donate what you can to the food wagon. We share these donations with donations from other churches in the area to help alleviate the hunger felt by those in our larger Redmond community who are less fortunate than ourselves. Jesus tells us that offering a meal to the hungry means that we serve the Master Himself.

We serve home communion to anyone who wishes to partake in that sacrament. Elders and Deacons have had training in serving the sacrament of Communion. The servers gain as much from this offering as those served.

Your Deacons visit the lonely, offer prayer and support to those who need it, respond with special help when requested, offer transportation to any who might require it, send cards at special holiday times, and to those who might benefit from some extra encouragement.

The Deacons enjoy working together and helping to serve you. Thank you for electing us to do these things!

Blessings, *Steve Cross*

## Thank You

Much appreciation goes to Greg Hodecker and Midstate Fertilizer, Inc. for contributing 100 pounds of Casoron (pre-emergent herbicide). This material has been very effective in years past in controlling weeds in various areas, such as along 19th Street and other places around the building. Greg and John Hodecker have been very generous for many years in supporting efforts to enhance the beauty of our property.



## Wellness Ministry Update

**WELLNESS MISSION STATEMENT:** *To help the congregation attain, maintain, and/or regain the best possible health, wellness of mind, body, and spirit that can be experienced. This is realized through education, guidelines, screenings, and providing ongoing support. Lois Millspaugh, Chairman*

### Wellness Ministry

The Wellness Ministry of Community Presbyterian Church strives to support members and friends, of all ages in our church, by encouraging more physical exercise, healthy nutrition, spiritual awareness, and love of family, both church and personal. We are working on programs to support all of these endeavors and invite anyone interested in working with us to achieve these goals to join our team. The next Wellness Ministry meeting will be held at the church on Tuesday, March 12th, at 1:00 pm in the Eby Room. If you would be interested in participating in this special ministry, please contact Lois Millspaugh .

### Attention All Singles ~ Singles Lunch Group

On Thursday, March 21st, we will enjoy a wonderful lunch at E Bar Grill (314 SW. 5 th Street) in Redmond. We will meet at noon and have lunch at 12:30 pm. Please sign up in the narthex, so we have adequate seating planned. For information, please contact Lois Millspaugh.

### Free Blood Pressure Screenings

Our Free Blood Pressure Screening will be held on the second Sunday of the month from 9:30 – 10:00 am in the Eby Room. If you are interested in knowing your blood pressure, our nurse is there to help you. Remember, high blood pressure is a silent killer; see your doctor with any concerns. If you are a nurse and are interested in helping with this program, please contact June Isaak.

### Hospital Equipment

The Wellness Ministry has an inventory of equipment to be loaned out to anyone needing assistance following a health issue. We have walkers, crutches, shower chairs, and numerous other items to support our church members and friends. If you find you need equipment or would like an additional walker, please get in touch with Lynda Talbot our equipment coordinator.

Wellness Ministries has purchased a second knee scooter to replace the scooter that was taken without being checked out. We also have purchased an infant car seat to be loaned out to anyone having a small visitor and needing proper seating for a short amount of time.

\*\*\*\* All equipment that is loaned out needs to be coordinated with Lynda Talbot. She is willing to deliver the equipment and pick it up if you need assistance in this matter.

### Parkinson's Support Group

The Parkinson's Support Group will be conducting their regular meeting on Monday, March 11th at 1:00 pm in the Fellowship Hall. Reach out to Ginny Weeber for more information.

### **Health Tip**

With the Easter long weekend creeping up on us, we wanted to share some of our top tips for making it a healthy feel-good time - whether you celebrate it as part of your religion, love a long weekend, or simply looking forward to the treats! And no, this article isn't about waking early to fit in a workout or knowing which exercises are the best for burning off an Easter egg. This is about finding balance, having fun, and remembering that eating your favorite foods and enjoying your downtime with family and friends are essential to leading a healthy lifestyle.

1. Eat a good breakfast before starting on the candy.
2. Moving your body at Easter shouldn't be to burn off anything you've eaten or to earn food – it should be about feeling good and taking care of your body.
3. Stay hydrated and have healthy snacks on hand.
4. Focus on joy and gratitude. If Easter is a time when you struggle with your feelings around food and exercise, it can help to shift your mindset by focusing on what you are grateful for.

Life is about joy, so if Easter is a weekend of celebration for you, focus on that. Relish this time and soak up every moment – it only happens once a year, after all.







# March 2024

**HE IS NOT HERE**  
*- He is Risen -*

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Office Closed 8:00 Men's Bible Study	2
3 10:00 Worship 11:00 Informal Mtg with Presbytery 11:00 Bible Study 5:00 Sermon Zoom Discussion	4	5 9:30 Women's AA 7:00 Boy Scouts	6 5:00 Lenten Soup Supper & Devotion 6:30 Cub Scouts 	7 9:30 Women's AA 10:00 Quilters 4:30 Spiritual Growth Zoom	8 Office Closed 8:00 Men's Bible Study	9
10 9:30 Blood Pressure Check 10:00 Worship 11:00 Bible Study 5:00 Sermon Zoom Discussion	11 7:30 Property Mtg 100 Parkinson's Group 3:00 Deacons Mtg	12 9:30 Women's AA 1:00 Wellness Mtg 1:00 Mission Mtg 3:00 Worship Mtg 7:00 Boy Scouts	13 3:30 Finance Mtg 5:00 Lenten Soup Supper & Devotion 6:30 Cub Scouts 	14 9:30 Women's AA 10:00 Quilters 4:30 Spiritual Growth Zoom	15 Office Closed 8:00 Men's Bible Study	16
17 10:00 Worship 11:00 Bible Study 5:00 Sermon Zoom Discussion	18	19 9:30 Women's AA 12:30 PW 6:00 Session 7:00 Boy Scouts	20 5:00 Lenten Soup Supper & Devotion 6:30 Cub Scouts 	21 :30 Women's AA 10:00 Quilters 12:00 Singles Lunch Group <i>12:00 Lamplighter Articles Due</i> 4:30 Spiritual Growth Zoom	22 Office Closed 8:00 Men's Bible Study	23
24 10:00 Palm Sunday 11:00 Bible Study 5:00 Sermon Zoom Discussion 	25	26 9:30 Women's AA 7:00 Boy Scouts	27 6:30 Cub Scouts	28 9:30 Women's AA 10:00 Quilters 4:30 Spiritual Growth Zoom	29 Office Closed 8:00 Men's Bible Study 7:00 Good Friday Service 	30
31 10:00 Easter Service  11:00 Bible Study 5:00 Sermon Zoom Discussion						

### 2024 Lenten Soup Suppers

Join us every Wednesday evening through March 20th for a soul-nourishing experience. A Lenten Soup Supper and devotion will start at 5 pm in the Fellowship Hall. Bring your appetite and spirit. All are welcome!

Church Teams will be responsible for clean-up, following soup and devotional. Thank you!



Mission Team: March 6th  
Choir: March 13th  
Session: March 20th



### March Birthdays

- 3/1 Lois Ahern
- 3/3 Marsha Enriquez
- 3/4 Lee Mink
- 3/5 Bruce Wilkenfeldt
- 3/6 Tom Barber
- 3/11 Janet Hucke
- 3/13 Don Shaw
- 3/14 Lynn Hodecker
- 3/17 Lena Land
- 3/23 Pat Pipkin
- 3/26 Becky Dennis
- 3/26 Mary Ann Schliep
- 3/27 Rick Hoffman
- 3/28 Bert DeYoung
- 3/29 Mary Stadler
- 3/30 Barbara Barber



### March Anniversaries

- 3/20 Lee & Sherry Mink
- 3/24 George & Beverly Johnson



### Can & Bottle Return

Thank you for all the offerings. In February was \$183 was collected for the CPC Mission Team!

There are three ways to give cans and bottles to the Mission Team.

1) **Drop them off behind the church underneath the vehicle canopy.**

2) Drop them off at Walt Taylor's home at 1849 SW Canyon Dr. Leave on the north side of the house on the sidewalk.

3) Call 541-548-4472 and Walt will pick them up.

Thank you for your support of the CPC Mission Team!



Walt Taylor

### Congratulations to the Hucke Family!

Many thanks and praises to God that Thomas Henry Hucke was born on Wednesday, February 21st. Mom and baby are doing well. Gary and Janet are now grandparents!



The next Lamplighter news **due date** for the April issue is **Thursday, March 21st, at noon.**

Articles for publication should be sent to Gina at [frontdesk@redmondpc.org](mailto:frontdesk@redmondpc.org). You will receive a reply letting you know your contribution was received. Thank you!