

The Lamplighter

A Newsletter of **Community Presbyterian Church**
529 NW 19th St
Redmond, OR 97756
541-548-3367 www.redmondpc.org



Growing In Christ and Loving One Another

SEPTEMBER 2024

Session Update

"Be strong and take heart and wait for the Lord." Psalms 27:14

Bridge Pastor: As we continue the search for a Bridge Pastor, challenges continue to be part of our search. It was our hope and prayer to have a final candidate for the Bridge Pastor in place by October 1st. This was not the plan God had for our congregation. During our time of transition, we need to have a Bridge Pastor who is willing to partner with CPC with love and patience and will walk alongside the congregation.

It is important to see our vision, the need for healing, and to acknowledge our aging members who continue to show up and keep the doors open. To understand the commitment to our mission programs and supporting our partnership with Kenya.

I presently serve on the Presbytery New Ministry team as the chair and have learned that it is not always about the large numbers in the church, but about how well we provide for those who continue to be present and faithfully show up and participate in keeping the doors of the church open and reaching out to the community. ~ Linda Jackson-Shaw

Genesis Christian Counseling: During our time with the Cascades Presbytery team in March, one of the recommendations was to work with a transitional consultant. Session is in the process of reviewing the information received from Genesis. They are prepared to provide their assistance and support during our transition.

www.genesischristianmediation.com.

Preschool: We are finalizing the contract with the preschool and hope to have an update on the starting date for the preschool in the October Lamplighter.

Hispanic Church: Our relationship with the Hispanic church that is renting space for their worship service continues to grow. Session approved to extend the time for their weekly Sunday service in addition to utilization of the space for their youth group on Friday nights.

Warm Springs Presbyterian Church: Several members of CPC attended the 150th anniversary of the Warm Springs Presbyterian Church. You can view additional information about the celebration on the Cascades Presbytery website, www.cascadespresbytery.org in the Cascades Connections section of the website. During our annual church picnic (this year we had an inside BBQ dinner prepared by Ben Shank), Jo-Ann Smith attended as a representative from the Warm Springs church.

Community Presbyterian Church Session
Ann Bowersox Moderator, Nancy Patterson, Clerk of Session
Truman Grandey, Rick Hoffman, Linda Jackson-Shaw, George Johnson, Luann Johnson,
Lois Millsbaugh, Diane Putman, Diane Wilson



Music Ministry September 2024

I must admit that I take a certain amount of joy in watching my teacher friends and family bemoan or rejoice in going back to school soon. Having taught for 40 years in the same school district, just north of Spokane, WA, I understand both their joy and sorrow. "Where did the summer go?" "I have to move everything to a new classroom and set it all up in a day and a half!" "I still don't have the materials I need, and school starts next week!" These are the bemoaning statements they are making and ones I have made myself.

This time also brings back joyous memories of selecting music for both my school and church choirs to kick off the new year. I loved attending workshops where we sight-read through pieces, and I gleefully marked the ones that were best for the various choirs. A few weeks ago, I received word that the choir at Whitworth Church is disbanding and, as a result, they are gifting or selling their music collection. This makes me sad, as I was their choir director for over five years before moving here, but also joyous because they have generously gifted a large collection of music to CPC.

We are so fortunate to have choir members at CPC who faithfully give of their time and talents weekly, and we invite others to join us. On August 24th, the choir met to get our voices back in shape and to read through some of the new pieces. If you missed the choral workshop, please don't let that stop you from joining the choir. We meet on Sunday mornings from 9:00 to 9:45 am and usually lead worship on two Sundays in the month. Come join us!

Blessings, Karen Baldwin-Kuntz - Director of Music Ministries



Threads of Our Community

We make a difference in our community with our actions.

The theme, 'Threads of Our Community', applies to our fall Stewardship campaign that has allowed us to reach out to our CPC community. Your prayerful consideration and participation are appreciated, as pledge cards will be mailed in late September.

Thank you from your Finance Team
 Bob Ahern, Rick Hoffman, Rocky Johnson, Carol Johnston,
 Carol Nelson, Nancy Patterson, Garry Wilson



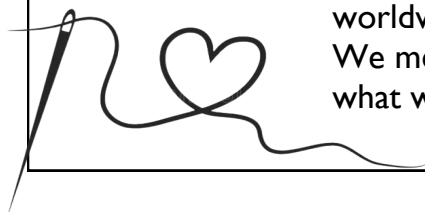
Quilters Quips September 2024

Quilt Camp 2024 is over! Seventeen ladies joined in the fun and fellowship. We all joined in making blocks for a quilt honoring veterans that will come back from the honor flight in 2025. We also did a lot of sharing, eating, sewing, and laughter.

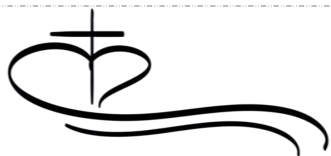
It is with sadness that another of our long-time supporters is moving to be closer to family. Walt Taylor is moving to St. Helens. We thank Walt for all the material that he can't take with him. We will miss you, Walt!

Our next big event will be the hanging of the quilts in October, before we distribute quilts in December to eighteen agencies. Most of our quilts stay in Central Oregon. Some go to places worldwide. We will also be participating in Angelfest.

We meet every Thursday from ten to three. Come join us or stop by and see what we are doing.



Becky Dennis



*"For I know the plans
I have for you,"
says the Lord.*

*"They are plans for
GOOD*

*and not for disaster,
to give you a future
and a HOPE.*

*In those days when you
pray, I will listen.*

*If you look for me
wholeheartedly,
you will find me.*

*I will be found by you,"
says the Lord.*

Jeremiah 29:11-14a



Summer Of Our Lives

*Stop & smell the Roses,
Summers sweet perfume.*

*A place to view the Daffodils,
God's nature all in bloom.*

*Sit beneath a willow tree,
Sheltered from the Sun.
A wish on every bough,
Where our dreams begun.*

*Listen for all the sounds,
As summer plays its tune.
An orchestra of Angels,
Flowers all in bloom.*

*Birds singing in the tree tops,
In perfect harmony.*

*All creatures great & small,
God's greatest symphony.*

*Be amazed by all God's beauty,
Make each precious moment last.
A moment to capture & treasure,
A golden memory for your past.*

*Stop & smell the Roses,
Life's summers sweet perfume.
Take time to view the Daffodils,
for it's over all too soon.*

- John Read

Deacon's Report

The deacons met again in August, after taking a break in July. We have continued to reach out to our church community. Rocky has served home communion regularly to Barbara and Tom Barber and added Sandy Booth and Marian Tripp in August. Lynda has gathered a lot of durable medical equipment, which she loans out regularly. The Wellness team appreciates the use of the Associate Pastor's office to store the equipment. Peggy and Lynda sing with folks at Juniper Springs regularly on Fridays. Sharon has visited people at home and in the hospital when needed. We meet the needs of our congregation as best we can.

On a sadder note, there will be a graveside service for Nancy Smith at the cemetery in Terrebonne, on Smith Rock Way, on Friday, September 6th, at 1:00 pm. Nancy served our congregation as well as the Presbytery for decades. We will all miss her.

We will start our monthly all church potlucks again in September. They occur on the third Wednesday at 5 pm. Bring something we can all enjoy. Steve will lead a devotion on the book of Esther. If you haven't read that part of the Bible in a while, I encourage you to do so. It reads as a comedy with a U-shaped plot, where the good guys win and the evildoers suffer!

If you have any needs, please let anyone of the deacons know, and we will try to help. I'm looking forward to this Fall, and maybe the smoke in our skies will clear. I read an article that said 1 in 5 people experience memory problems with the smoke. I will use that as an excuse for my memory issues, and not just to being older!

.....
On July 1st, with the approval of Session, I started volunteering as an outreach coordinator. No job description existed for this position, so I wrote my own. I started by calling everyone in the directory. For those whom I didn't get to reach, I sent a postcard. I try to call people on their birthday and send them birthday cards. I also try to send anniversary cards.

In calling people, I found out that some now reside in an extended care facility. Others had gone to the hospital. I have visited several people in extended care facilities and at the hospital. I have gone to people's homes. I have received positive responses from everyone.

Some people I called have left the church for one reason or another. They still appreciated the contact. I told them I respected their decision but told them that we miss them. I plan to continue in this voluntary position for a while. If we get a new pastor, I will, of course, defer to their preference on whether I will continue. In the meantime, if you have things you would like to discuss or have any suggestions for me, please call me or the church.

Steve Cross - Volunteer Outreach Coordinator

Wellness Ministry Update

WELLNESS MISSION STATEMENT: *To help the congregation attain, maintain, and/or regain the best possible health, wellness of mind, body, and spirit that can be experienced. This is realized through education, guidelines, screenings, and providing ongoing support. Lois Millspaugh, Chairman*

Wellness Ministry

The Wellness Ministry of CPC strives to support members and friends, of all ages in our church, by encouraging more physical exercise, healthy nutrition, spiritual awareness, and love of family, both church and personal. We are working on programs to support all of these endeavors and invite anyone interested in working with us to achieve these goals to join our team. The next Wellness Ministry meeting will be held at the church on Tuesday, September 10th, at 1:00 pm in the Wellness Office. If you are interested in participating in this special ministry, contact Lois Millspaugh.

ATTENTION ALL SINGLES

On Thursday, September 19th, we will enjoy a wonderful dinner at E Bar Grill (314 SW 5th St in Redmond). We will meet at 5:30 pm, with dinner at 6:00 pm. Please sign up in the CPC lobby so that we have adequate seating. We would love to see new friends, so be sure to invite a neighbor or relative to join us. For additional information, please contact Lois Millspaugh.

Free Blood Pressure Screenings

Our Free Blood Pressure Screening will be held on the second Sunday of the month from 9:30 – 10:00 am in the Eby Room. If you are interested in knowing your blood pressure, our nurse is there to help you. If you are a nurse and are interested in helping with this program, contact June Isaak.

Hospital Equipment

The Wellness Ministry has an inventory of equipment to be loaned out to anyone needing assistance following a health issue. We have walkers, crutches, shower chairs, and numerous other items to support our church members and friends. If you find you need equipment or would like an additional walker, please get in touch with Lynda Talbot our equipment coordinator.

* All equipment that is loaned out needs to be coordinated with Lynda Talbot. She is willing to deliver the equipment and pick it up if you need assistance in this matter.

Parkinson's Support Group

The Parkinson's Support Group will meet on Monday, September 9th at 1:00 at CPC. Please reach out to Ginny Weeber for more information.

Emergency First Aide Stations

The CPC Wellness Ministry continues to work to create safety measures for our church. Do you know that we have First Aide Stations in the lobby, nursery, and downstairs in the youth room? We also have two electronic defibrillators. One is located in the lobby, and the other is located downstairs in the youth room. Over the years, we have purchased new pads and batteries for each machine to keep them functioning properly.

AED usage is self-explanatory on the cover of each machine. If you would be interested in learning more about our equipment and how to use it properly, we would like to offer an AED/CPR class in conjunction with the Redmond Fire Department. Please contact any member of the Wellness team to show your interest.



HEALTHY LIFESTYLE

Health Tip: Safe Driving Awareness

Safe driving awareness is about being aware of your surroundings and taking steps to navigate safely in a potentially hazardous environment. Here are some tips to improve your driving awareness.

- * Scan The Road. Look at the road ahead and be alert to changes
- * Use Your Mirrors. Check your mirrors frequently to monitor traffic and what's going on around you.
- * Maintain a Safe Distance. Keep enough space between you and the car in front of you to avoid a crash.
- * Be Aware Of Conditions. Pay attention to hazardous conditions, like work zones, and reduce your speed in these areas.
- * Stay Level-Headed. Road rage can be deadly and impair your ability to make good decisions, so try to stay calm.
- * Practice Defensive Driving. Defensive driving courses can help improve your awareness skills. You can also try a commentary drive to help yourself stay focused and adjust your priorities as the situation changes.



Parking Lot Sale



The Parking Lot Sale (Flea Market Style) is planned for Saturday, September 14th, 9 am - 1 pm. The Flea Market concept we have used the past few years involves members bringing and selling their own items or partnering with other members to bring items for sale.

Proceeds from the sale benefit our Kisauni, Kenya partnership and programs that feed schoolchildren and provide hygiene products to Kenyan girls. For more information, call Rocky or Luann Johnson.



PEACE & GLOBAL WITNESS
SPECIAL OFFERINGS
PEACEMAKING AND RECONCILIATION

“Sowing the Seeds of Peace” (Zech. 8:12) - Sunday, September 8th

The prophet Zechariah casts a vision for peace. He shows forth a world where each person — old and young, all genders and races, people from north, south, east and west — lives without enmity, fear and destruction. In Zechariah's vision, there is “a sowing of peace” where the world is restored, made whole and abides in peace. People in Zechariah's prophecy bind themselves together in love for one another, imbued in them by God, where all people have dignity and worth.

The Presbyterian Confession of 1967 invites us, the Church, to be “emissaries of peace.” It also reminds us that “with an urgency born of this hope, the Church applies itself to present tasks and strives for a better world.”

Peacemaking is central to the gospel and the mission of the Church. Peace is possible, and it begins with us sowing the seeds of peace in every interaction and decision we make.

The Peace & Global Witness Offering is one way we can begin to bring peace. Through our generous support, our gifts will combine with churches across the PC(USA) to sow seeds of peace around the globe. Twenty-five percent of this offering will stay with our church to promote peace through our own ministries, and 25% is retained by our presbytery for peace and justice ministries in our region.

This World Communion Sunday, let us remember the Christ who we meet at the Table of Grace and affirm that in Christ all Christians are one, regardless of nationality, race or ethnicity. Please give generously, for when we all do a little, it adds up to a lot.

Deacon of the Month for September is Craig Dennis.

The Deacon of the Month is On Call to Help With Special Needs.

Craig and Becky Dennis moved to Redmond in 1973 to work as teachers in the community. He taught for 28 years at Redmond High School in the areas of language arts, speech, drama, and mathematics. Becky taught preschool at Start Here Preschool for 20 years. They have been members of Community Presbyterian since 1977, when the church was still on Cascade Avenue, and helped build this building.

Craig has served the church as an elder, the treasurer, a deacon, a member of several operating committees and three pastor nominating committees, Cub Scoutmaster for Pack 27, and as a projection technician for regular services. Becky has worked on several committees and is actively involved in Community Presbyterian Quilters.



Craig will appreciate your prayers and assistance as he learns his role as a deacon.

Summer BBQ Update

The Church Barbecue was a great success. Joann Smith from Warm Springs came down to join us. There was more than enough food left over, so people had the opportunity to take some chicken, pork, or brisket home. Ben Shank did an excellent job with the Barbecue. I am looking forward to next year, when we can possibly do it again. Thank you to all the people who brought side dishes and dessert.



We collected quite a bit of school supplies for FAN to distribute. Lynda Talbot will be taking a bag of chicken legs and a lot more food out to the Veterans Ranch. I must give a heartfelt thank you to Food and Fellowship and all the others that made this happen.



Blessings, George Johnson

Mental Health and the Care Giver

"Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, who comforts us all in tribulation, that we may be able to comfort them which are in any trouble, by the comfort wherewith we ourselves are comforted of God." I Cor. 1:3-4



As I prepare to write this article, my heart is heavy with and for all the families who continue to struggle with caring for their loved ones on the journey with mental illness. I have spent 20 years learning, educating, and supporting families on the journey with their loved ones struggling with mental health.

My journey with NAMI started in California with training as a Wellness Recovery Action Plan (WRAP) facilitator and has extended to several other trainings with the National Alliance on Mental Illness (NAMI). In addition to my training with Dr. Amador and the Listen-Empathize-Agree-Partner (LEAP) learning a new way of listening to those with mental health has provided a new tool for the journey.

My current work with NAMI includes being a State Trainer for the Family Support program. I also facilitate a monthly family support group with my co-facilitator, Roger Olsen, each third Saturday of the month. As my co-facilitator Roger says, "After taking the family-to-family classes, my understanding of mental illness opens a whole new world of understanding for my loved one."

One of several requirements to be a NAMI facilitator is having lived experience with mental illness. This lived experience is in your life or the life of a loved one. We invite you to join the National Alliance on Mental Illness for a time of learning.

When: Saturday, September 28, 10:00 am-3:00pm

Where: Community Presbyterian Church, 529

NW 19th St., Redmond, OR 97756 Cost: Free. A

grant from the Presbyterian Bisbee Fund to the CPC Wellness Team will cover the cost of

breakfast and a light lunch. All NAMI material and facilitators are always free. Registration is required

at NAMICENTRAL.ORG Questions: email Linda Jackson-Shaw at longjourneyhome40@gmail.com.

September 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 10:00 Worship 11:00 Bible Study 4:00 Sermon Zoom Discussion	2	3 7:00 Boy Scouts	4 6:30 Cub Scouts	5 10:00 Quilters 4:30 Spiritual Growth Zoom	6 Office Closed 8:00 Men's Bible Study	7 Office Closed
8 9:30 Blood Pressure Check 10:00 Worship 11:00 Bible Study 4:00 Sermon Zoom Discussion	9 1:00 Parkinson's Group 3:00 Deacons Mtg	10 1:00 Wellness Mtg 1:30 Mission Mtg 3:00 Worship Mtg 7:00 Boy Scouts	11 9:00 Caregivers Group 3:30 Finance Mtg 6:30 Cub Scouts	12 10:00 Quilters 4:30 Spiritual Growth Zoom	13 Office Closed 8:00 Men's Bible Study	14 Office Closed  9-3 Parking Lot Sale
15 10:00 Worship 11:00 Bible Study 4:00 Sermon Zoom Discussion	16	17 6:00 Session 7:00 Boy Scouts	18 12:00 Mental Health Support 5:00 Potluck  6:30 Cub Scouts	19 10:00 Quilters 5:30 Singles Dinner Group 12:00 Lamplighter Articles Due 4:30 Spiritual Growth Zoom	20 Office Closed 8:00 Men's Bible Study	21 Office Closed  9-6 Boy Scout Car Show & BBQ Fundraiser
22 10:00 Worship 11:00 Bible Study 4:00 Sermon Zoom Discussion	23	24 12:30 PW 7:00 Boy Scouts	25 9:00 Caregivers Group 6:30 Cub Scouts	26 10:00 Quilters 4:30 Spiritual Growth Zoom	27 Office Closed 8:00 Men's Bible Study	28 Office Closed
29 10:00 Worship 11:00 Bible Study 4:00 Sermon Zoom Discussion	30					



September Birthdays

9/2	Gloria LaBore Paul Whitaker
9/5	Raydene Heitzhausen Adam Huckle Carol Noyes Lee Rondema
9/14	Lynda Talbot
9/16	Carol Johnston
9/18	Gerald Barney
9/21	Luke Lundgren Kathy Touchon
9/23	Donna Altig Julie Leutschafft
9/24	Diane Putnam
9/25	Curt Nitschelm



September Anniversaries

9/3	Jay & Alyce Jantzen
9/8	Karen & Mike Rooney
9/13	Jim & Kathi Hayward
9/19	Don & Joan Sheets

*My God will meet
all of your needs
according to
the riches
of His glory
in Christ Jesus*

Philippians 4:19

New Presbyterian Women's Bible Study

Join us on the 4th Tuesday of each month at 12:30 pm. Let Justice Roll Down is our new study program. We will explore God's call to care for our neighbors and all creation. Study books are available. See Nancy Patterson or Linda Jackson-Shaw with any questions.

The next Bible Study is September 24th.



A Note From the Kerfoots

We were blessed for over twenty years to worship with all of you. As we are getting settled in Tigard, we have so many good memories of our time at CPC. We grew in our faith and made lifelong friends there. Thank you for the many kindnesses you extended to us through health issues, church projects, and wishing the best for us in our move. And a special thank you for the wonderful reception! CPC will always hold a special place in our hearts.

Love from Ken and Paula Kerfoot
krkpjk@gmail.com



Can & Bottle Return

Thank you for the offerings for the CPC Mission Team! \$80.90 was donated in July.

There is now ONE WAY to donate.

Please drop your bottles and cans off at the NORTH end of the church underneath the stairs in the wooden box.

REMINDER: When donating cans or bottles, please remember that they need to be empty, should not be crushed or have the label removed.

Thank you for your support of the CPC Mission Team!

The article **due date** for the October Lamplighter is **Thursday, September 19th, at noon.**

Articles should be sent to Gina at frontdesk@redmondcp.org.

You will receive a reply letting you know your contribution was received. Thank you!

