

# The Lamplighter

A Newsletter of **Community Presbyterian Church**  
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*Growing In Christ and Loving One Another*

## OCTOBER 2024

### Session Update

Session met on September 17th, with Moderator Rev. Ann Bowersox. We reviewed a letter from Rev. Clark Scalera, Advocate for Congregations and Clerk, Presbytery of the Cascades. His letter supported our work with Genesis Christian Mediation, knowing they would be a beneficial resource in building a healthy congregation and providing helpful communication tools. Clark also addressed the disappointing news regarding our search for a Bridge Pastor. Rev. Bowersox led a session in a debriefing regarding the candidate's decline from the Bridge Pastor position.

Brian Shiner and Andrew Arthur of Genesis Christian Mediation introduced themselves and their work. They will do an assessment before foundational skills are addressed. Genesis will cover cycles of conflict within leadership and session, communication patterns, different narratives, grief within the congregation regarding recent pastoral transitions, lack of vision/understanding for the mission of the church and stewardship of resources. The Genesis team ended their Zoom connection and session continued their discussion regarding workshops. Session approved hiring Genesis to work with our session, deacons, and congregation, accepting their proposal for \$3200 and travel costs. Linda Jackson-Shaw will contact Genesis about workshop dates.

Team reports were given.

The Moderator of Deacons reported that Angelfest will be Nov. 9th, 9:00–3:00 pm. The Angel Tree program is underway, with gift cards for children at \$40 and a family gift card at \$150. October 16th is the next Pot Luck dinner. Steve continues contacting parishioners and making home visits.

The Wellness Team continues to offer Blood pressure checks. Singles lunch is scheduled for October 17th.

Session approved Rick Hoffman, Luann Johnson, and Linda Jackson-Shaw to complete an interim pastor job description.

Congregational Life reported that the Church BBQ was a success. A White Elephant Christmas party will be held on December 7th.

The Mission Team reported that they distributed many funds to local non-profits in the Redmond area. Quilters purchased a refrigerator for the lower-level kitchen. Canyon Cleanup is scheduled for October 12th from 9-11 am and Helping Hands is scheduled for November 16th from 9-11 am.

The Property Team presented a motion to allow Juniper Springs Assisted Living to use our building as an emergency evacuation site. Motion approved.

The Preschool has signed the lease agreement. They are finalizing the general liability insurance policy. Session approved the removal of the slide and the sale of the air hockey and pool tables.

The Worship Team reviewed the pulpit supply schedule through October. There will not be a Christmas cantata, but possibly an Easter Cantata. December 29th will be a Christmas carol sing. Piano tuning is being scheduled. The Livestream issues continue to be resolved.

Session adjourned at 9:00 pm and closed with a prayer by Rev. Ann Bowersox. The next Session meeting is October 15th, 2024, at 6:00 pm.

Truman Grandey, Elder, Nominating Team

Community Presbyterian Church Session: Ann Bowersox Moderator, Nancy Patterson, Clerk of Session, Rick Hoffman, Linda Jackson-Shaw, George Johnson, Luann Johnson, Lois Millsbaugh, Diane Putman



## Music Ministry October 2024

Reformation Sunday is celebrated by Presbyterians on the last Sunday of October, which will be October 27th this year. This day commemorates the Reformation, particularly Martin Luther's posting of his 95 Theses in 1517.

As Christians, our faith began with the followers of Jesus, but the beginning of demonstrating our faith as Presbyterians is in the Reformation. The focus is on the Holy Spirit's ongoing reforming of us as a church and as individuals. We are called to worship the triune God, to claim Jesus Christ as Lord of the Church, and to seek the ongoing sanctification of the Holy Spirit. Reformation reminds us to strive toward the real-life freedom of grace in Christ for ALL people.

The reformation challenged the authority of the Catholic Church, introduced new types of music such as Psalters and chorales, and worked to make the music more user-friendly for the congregations. Music was designed to lead people closer to God and was designed to be simplistic, so the worshiper would not be distracted. When we sing the music of the Reformation, like "A Mighty Fortress Is Our God," Luther's commentary on Psalm 46 is designed to provide comfort in the face of adversity; or "The Church of Christ, in Every Age," written by Fred Pratt Green in 1969 to remind us that the Reformation wasn't just confined to 1517 and that the church is constantly changing but must remain Spirit-led; or the modern worship classic "Here I Am to Worship" which Tim Hughes wrote to remind us that the reason we gather to worship is because Jesus came to us and is for us, we remember that we are a reformed people and that the Holy Spirit is at work reforming us daily.

Blessings, Karen Baldwin-Kuntz - Director of Music Ministries



## Discovering CPC



On Sunday, October 13th join us from 12:00-3:00. Enjoy lunch, learn more about our church, and what it means to be a Presbyterian. Rev. Dr. Don Shaw will lead our class. All are welcome; we would love to have you with us.

Please RSVP with the front office by October 9th at 1:00.

## Quilters Quips October 2024

We will be having a "Hanging of the Quilts" starting the first week of October. Most of our quilts are for sale during this time. To save a quilt, write your name on the tag with your phone number, and a quilter will call when it is down and ready for payment and pick-up. The quilts will continue to hang through Angelfest on November 9th. You may also talk to a quilter for help.

After Angelfest, the quilts will be taken down, and we will start preparing for distribution to the many agencies in our community that distribute them to those in need. We currently support eighteen non-profits in Central Oregon. We also send quilts to Quilts Beyond Borders, where they are sent to many different countries for children in need.

Last month, we delivered eighteen dog and cat beds to Redmond's Brightside Animal Center. Adopted pets get to take their new beds with them to their new home. Quilters are thrifty people. We use our scraps of fabric to stuff the beds; nothing is wasted.



We meet every Thursday from 10:00-2:00 in the fellowship hall. Visitors and new members are welcome to join us. We gather at noon for lunch and good conversation. Come join us; there are always pet beds to stuff!

Becky Dennis

## The Deacon of the Month for October is Rocky Johnson

### The Deacon of the Month is On Call to Help With Special Needs.

"I have been a long time Presbyterian and have served in three church Sessions and now Deacon at CPC. Luann and I have been part of the CPC family since 2012, when we moved to Redmond after I retired from a career in banking. With our daughter, son-in-law, and three grandchildren in Bend, we are in the right place. Thank you for the opportunity to serve as a Deacon."



*If you bow low in  
God's awesome presence,  
he will eventually exalt you  
as you leave  
the timing in his hands.  
Casting the whole of your care  
[all your anxieties,  
all your worries,  
all your concerns,  
once and for all]  
on Him,  
for He cares for you  
affectionately  
and cares about you  
watchfully.*

*1 Peter 5:6-7*



## Deacon's Report

Your deacons want to highlight the upcoming Angelfest on November 9th. It goes from 9:00 to 3:00. We have donations of a painting by Lois Milspaugh, a bowl and pitcher made from spalted pecan wood by Jerry Thackery (it won a blue ribbon at the Deschutes County Fair), and a garden bench made by Don Kuntz, all of which we raffle off. We will have several other craft items for purchase, as well as baked goods. Furthermore, we will serve a soup lunch for a bargain purchase price of \$5.00 a bowl. Come join us as we start the festivities of the holiday season.



We also intend to repeat our Angel Tree sponsorship of several families provided by Neighbor Impact. We intend to increase the value of gifts for children to \$40 and for family meals to \$150.00. You are welcome to donate to the deacons to support this worthwhile project. We hope to spend \$3,500 to sponsor these families.

The deacons also continue to hold in prayer many of our congregation who have medical needs and health concerns. We visit folks, send cards, make phone calls, and support those who request it. Please let us know if you want to become part of the prayer chain. It doesn't cost you any money, just some time spent in loving prayer for those who request it.

We will continue to have monthly potlucks. The next occurs on Wednesday, October 16th, at 5:00 pm. Please bring a dish to share, and consider including a non-perishable food item for the food bank.

Thank you all for continuing to act as a busy and caring congregation.

Steve Cross



## Wellness Ministry Update

**WELLNESS MISSION STATEMENT:** To help the congregation attain, maintain, and/or regain the best possible health and wellness of mind, body and spirit that can be experienced. This is realized through education, guidelines, screening and providing ongoing support. *Lois Millspaugh, Chairman*

### Wellness Ministry

The Wellness Ministries of Community Presbyterian Church strives to support members and friends in our church of all ages, both in encouraging more physical exercise, healthy nutrition, spiritual awareness, and love of family both church and personal. We are working on programs to support all of these endeavors, and invite anyone interested in working with us to achieve these goals to join our team. Our next meeting will be held on October 14th at 1:00 pm in the Wellness office. If you are interested in participating in this special ministry, contact Lois Millspaugh, or attend our next meeting.

### ATTENTION ALL SINGLES \*\*\* NOTE THE TIME CHANGE \*\*\*

On Thursday, October 17th, we will enjoy a wonderful lunch at Christie's Kitchen (614 NW Cedar Ave. in Redmond). We will meet at noon, with lunch at 12:30 pm. Please be sure to sign up on the sheet in the lobby of the church so that we have adequate seating. We would love to meet new friends, so be sure to invite a neighbor or relative to join us. For details, please contact Lois Millspaugh.

### Free Blood Pressure Screenings

Our Free Blood Pressure Screening will be held on the second Sunday of this month from 9:30 – 10:00, in the Eby room. If you are interested in knowing your blood pressure, our nurses are there to help you. Remember, high blood pressure is a silent killer. Know what your blood pressure levels are and see your doctor with your concerns. If you are a nurse who would be interested in helping with this program, please contact June Isaak.

### Hospital Equipment

The Wellness Ministry has an inventory of equipment to be loaned out to anyone in need of assistance following a health issue. We have walkers, crutches, knee scooters, shower chairs, and numerous other items to support our church. If you find you have a need for equipment, please contact Lynda Talbot, our Equipment Coordinator.

\*\*\* All equipment that is loaned out needs to be coordinated with Lynda Talbot. She is willing to deliver the equipment and pick it up when you are through using it if you need assistance in this matter. Remember, all equipment is only on a temporary loan and needs to be returned so that it can be cleaned and loaned out to others. Thank you for your thoughtfulness.

### Parkinson's Support Group

The Parkinson's Support Group will be conducting their regular meeting on Monday, October 14th at 1:00 pm in the church fellowship hall. If you need additional information please contact Ginny Weeber.

### Emergency First Aide Stations

The Wellness Ministry of our church continues to work to create safety measures for our church. Do you know that we have first aid Stations in the lobby, nursery, and downstairs in the youth room. We also have two electronic defibrillators. One is located in the lobby, and one is located downstairs in the youth room. Over the years, we have purchased new pads for each machine and batteries to keep it functioning properly. AED usage is self-explanatory on the cover of each machine.

\* If you would be interested in learning more about our equipment and how to properly use it, we would like to offer an AED/CPR class with the Redmond Fire Department. Please contact any member of the Wellness Team to show your interest. Individuals with certifications can have their certificates renewed at that time.





## Health Tip - GETTING READY FOR FALL

Here is how you can get ready for fall:

1. Transition your wardrobe.
2. Decorate your home.
3. Prepare your garden.
4. Stock up on fall essentials.
5. Plan fall activities.
6. Prepare your vehicle.
7. Review your health and wellness routine.
8. Work on a new budget.
9. Incorporate seasonal eating.
10. Stick to a regular bedtime.
11. Engage in restorative forms of exercise.
12. Nurture social connections while exploring the outdoors.



This time of the year is a time for reflection and self-care for many people. The holidays are rapidly approaching, and it's important to take time for yourself before things get too crazy. Take care of your self-care and implement it in your life.

## Warm Springs Offering

On Sunday, November 3rd, you are invited to join hands with our Presbyterian Women's group in supporting their mission work at Warm Springs Presbyterian Church. Please plan to bring one or more of the items on this list and show Christ's love to our friends at Warm Springs:



Hygiene Products - Shampoo, Soap, Toothpaste, Toothbrush,

Deodorant, and Feminine Products

Warm Clothing - Gloves

(waterproof, not knit), Socks,

Scarves, and Hats

Other - Bottled Water

The items can be placed on the pew next to the food wagon in the lobby. Thank you for reaching out to help others!

## The Ministry of Flowers

We would like to beautify our sanctuary once again with flowers!



There is a sign-up sheet in the lobby. Please sign up for the week you would like to bring flowers. And if you wish to celebrate a birthday, anniversary, honor,

or memorialize someone, leave a note on the sign-up sheet, and we will put it in the Sunday bulletin.

## Clean-Up on Aisle 3

If you enjoy our fellowship time after the service on Sunday, please volunteer to help with the clean-up. It would only be about once a month and can vary with your schedule. See Luann Johnson. (She'll be in the kitchen on Sunday cleaning up!)



## New Book - Whose Lane is it Anyway?

How Cyclists and Motorists

Can Share the Roads Safely By Tom Edgerton

"As an avid cyclist I have for more than 20 years planned to write a book about how cyclists can be safer riding on the roads. Over time, my focus broadened to include interactions between cyclists and motorists, as I came to believe that together the two parties can create a more cooperative and safer road network. Today most anyone knows that with ever-increasing traffic and distractions, we need to move faster in that direction.

So, what finally motivated me to write the book? It was unexpected - a "now or never" near-death experience. In my case it was a heart attack. One that I was lucky to recover from. Yep, I started writing a month after it happened! Four plus years later, *Whose Lane is it Anyway?* is finally available." Get your copy on Amazon.





# October 2024



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 7:00 Boy Scouts	2 10:30 Bible Study 6:30 Cub Scouts	3 10:00 Quilters 4:30 Spiritual Growth Zoom	4 <i>Office Closed</i> 8:00 Men's Bible Study	5 <i>Office Closed</i> 3:00 Diane Wilson's Memorial 
6 10:00 Worship 11:00 Wreath Pre-Sale  4:00 Sermon Zoom Discussion	7	8 1:00 Wellness Mtg 1:30 Mission Mtg 3:00 Worship Mtg 7:00 Boy Scouts	9 9:00 Caregivers Group 10:30 Bible Study 3:30 Finance Mtg 6:30 Cub Scouts	10 10:00 Quilters 4:30 Spiritual Growth Zoom	11 <i>Office Closed</i> 8:00 Men's Bible Study	12 <i>Office Closed</i> 9:00 Canyon Clean Up 9:00 Boy Scout Car Show 
13 10:00 Worship 11:00 Wreath Pre-Sale 4:00 Sermon Zoom Discussion	14 1:00 Parkinson's Group 3:00 Deacons Mtg	15 6:00 Session 7:00 Boy Scouts	16 10:30 Bible Study 5:00 Potluck  6:30 Cub Scouts	17 10:00 Quilters 12:00 Singles Lunch Group 12:00 <i>Lamplighter Articles Due</i> 4:30 Spiritual Growth Zoom	18 <i>Office Closed</i> 8:00 Men's Bible Study	19 <i>Office Closed</i>
20 10:00 Worship 4:00 Sermon Zoom Discussion	21	22 12:30 PW 7:00 Boy Scouts	23 9:00 Caregivers Group 10:30 Bible Study 1:00 Mental Health Support 6:30 Cub Scouts	24 10:00 Quilters 4:30 Spiritual Growth Zoom	25 <i>Office Closed</i> 8:00 Men's Bible Study	26 <i>Office Closed</i>
27 10:00 Worship 4:00 Sermon Zoom Discussion	28	29 7:00 Boy Scouts	30 10:30 Bible Study 6:30 Cub Scouts	31 10:00 Quilters 4:30 Spiritual Growth Zoom 		



### October Birthdays

10/11 Garry Wilson  
 10/17 Gina Sherrell  
 10/20 Courtney Esarey-Ziegler  
 10/31 Steve Cross



### October Anniversaries

10/05 Ben & Judy King  
 10/10 Randy & Robie Harano  
 10/15 Gary & Janet Huckle  
 10/16 Gerald & Nancy Barney  
 10/20 Jerry & Jan Thackery  
 10/21 Brian & Julie Leutschaf  
 10/23 Steve Thorp & Kimberly Rogers

### Dry Canyon Cleanup - Saturday, 10/12 9-11



The Mission Team is sponsoring a Dry Canyon Cleanup Day on Saturday, October 12th, from 9:00 - 11:00, and we hope to have a lot of congregational involvement! We will meet at the skateboard park on Antler Ave. Please come, chat with friends as you work, represent CPC to Redmond, and remember that you will literally be the hands and feet of God while you work!

### Can and Bottle Donations



A new system is currently being implemented regarding cans and bottles. As part of this transition, we kindly request that you do not bring cans and bottles to the church at this time.

What to do instead:

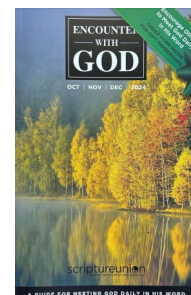
**1 - Collect at Home: Please gather your cans and bottles at home.**

**2 - Stay Tuned: Keep an eye out for announcements; we'll provide further details soon.**

Your continued support of the CPC Mission Team is greatly appreciated. Thank you for your understanding during this transition.

### Encounter with God New Day and Time!

Join us on Wednesdays at 10:30 am, starting on October 2nd, in the Library for a heartfelt journey as we meet God daily in His Word. This quarter, we'll explore the books of 2 Kings, Ecclesiastes, Mark, Isaiah, 1, 2, & 3 John, Matthew, and Habakkuk. Let's grow together in faith and understanding. Please reach out to Irv Nygren for more details.



The article **due date** for the November Lamplighter is **Thursday, October 17th, at noon.**

Articles should be sent to Gina at [frontdesk@redmondcp.org](mailto:frontdesk@redmondcp.org).

You will receive a reply letting you know your contribution was received. Thank you!

